

Thalassemia and Sickle Cell Society

Awareness about Thalassemia

A Thalassemia Success Story: The Journey of Poornima and Her Family

By Mrs. Priyadarshini

Mr. P. Sudarshan, aged 41 years, works as a manager in an explosives factory at Kesara, Telangana. His wife, Mrs. P. Jyothi, is a homemaker. They are a non-consanguineous couple from Bhongir, Telangana.

The couple has three children. Their first child, P. Arjun, is healthy and was later found to be a Haemoglobin (HbE) carrier. Their second child, P. Poornima, and third child, P. Pardhu, were diagnosed with HbE Beta Thalassemia.

Poornima appeared healthy during her first year of life. However, after the age of one year, she developed weakness and had difficulty walking. Concerned about her condition, her parents consulted several doctors and eventually visited Rainbow Children's Hospital. There, Dr. Nikith Milan conducted detailed investigations, including an MRI scan. During further evaluation, abnormal bilirubin levels were identified in her liver function tests, and she was referred to Dr. Shirisha Rani, a haematologist.

Dr. Shirisha Rani advised thalassemia screening for the family. The results revealed that Arjun was an HbE carrier, while both Poornima and Pardhu had HbE Beta Thalassemia. Following the diagnosis, the family was referred to the Telangana State Children's Society (TSCS), where they registered and continued treatment under the guidance of TSCS doctors.

As part of the treatment plan, HLA typing was performed for all family members. The results showed that Poornima had a full HLA match with her elder brother, Arjun. The family received detailed counselling regarding Bone Marrow Transplantation (BMT) and its benefits. After careful consideration, the parents decided to proceed with BMT for Poornima using Arjun as the donor.

Following comprehensive pre-transplant evaluations and preparation for both the patient and donor, the Bone Marrow Transplant was successfully performed on 1 January 2026. Poornima recovered well and remains stable. For Pardhu, an HLA haplo-match donor option was identified for future treatment planning.

The family expresses deep gratitude to the TSCS team, doctors, nurses, and support staff for their dedicated care, encouragement, and guidance throughout their journey. Their support gave the family confidence and hope during difficult times.

Poornima dreams of becoming a civil services officer and serving society. She is also a talented artist and, after her successful transplant, created artwork and gifted it to the medical team as a token of appreciation.

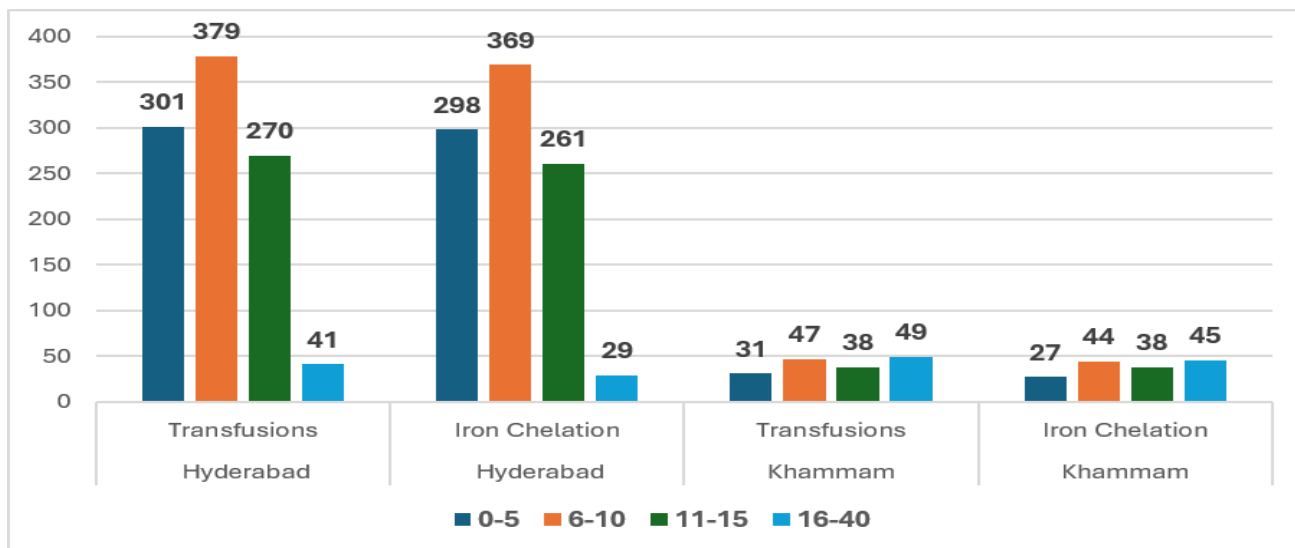
Pardhu dreams of becoming a professional cricket player. He is a passionate cricket enthusiast and a great admirer of Virat Kohli.



Poornima's Beautiful Sketches



Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of May 2026 including all patients group were **991 (Hyderabad)** and **152 (Khammam)** & a total of **1090** and **178** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
2104	05	28 (27 @ Hyderabad & 01 @ Khammam)	01

1852 Antenatal women were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (272 - 16 carriers)** , **Mahabubnagar PHCs (519 - 11 carriers)**, **Medchal-Malkajgiri PHCs (755 - 26 carriers)** **Private Hospitals (306 – 11 Carriers)** of which **40** were found to be **Thal carriers, SCA– 16, HbE – 1, HbD – 3, DbT– 1 and Others - 3.**

BLOOD CENTRE – MAY 2026

S.No	Particulars	Units
1	Sensitization Programs Organized	37
2	Total no of Blood Donation Camps	26
3	Blood Collection Camps and In-house	1864
4	Thalassemic & General Free Issues	2814

Voluntary Blood Donation Camp Organizers Felicitation Meet—10th May 2026



Donations



Monthly Donors For May 2026

1	Murali K Siripurapu	13	Sandeep Kumar
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	A S Iron & Steel India Pvt Ltd	15	PPD Pharmaceutical Develop (India)
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Maniram Gems Jewellers Pvt Ltd
6	Srikanth Gullapalli	18	Mangtra Neeraj Jewellery Pvt Ltd
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	Quality Care India Ltd.
10	Ch. Shashidar Reddy	22	Sunkari Shyam Sunder
11	V Balveeraiah & Sons	23	Kandi Anuradha
12	Sreyas Holistic Remedies Pvt Ltd	24	Nirvi Art Pvt. Ltd.

NEWS & EVENTS

Joylympics cheers kids with Thalassemia — The event was held from May 20-30m at Ahmedabad Red Cross Society



1st Prize to M Harshitha, TSCS

Felicitation of Thal and SCA warriors on International Thalassemia Day on 8th May 2026

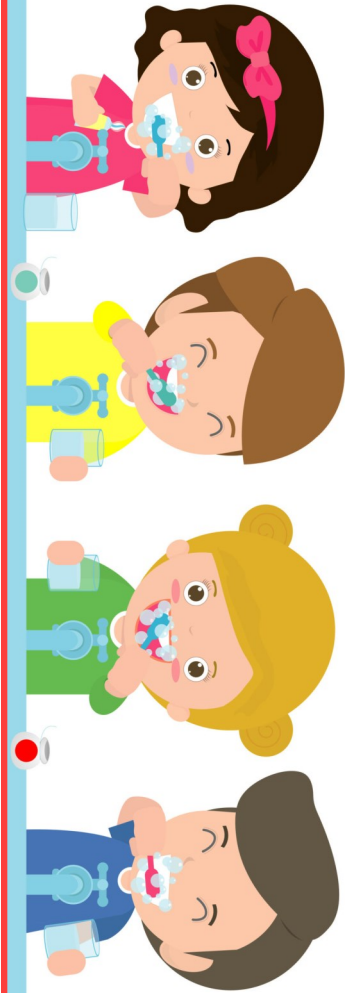


International Thalassemia Day 2026—Programs at TSCS

Thal Walkthan to bring awareness among the public at Necklace Road, Hyderabad



A Motor bike rally by about 75 bikers to create awareness towards prevention of THALASSEMIA



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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SCAN TO KNOW MORE