



Thalassemia and Sick Cell Society

My Journey of Resilience & Hope—Not just surviving, but thriving. A Story of Strength, Courage & Unbreakable Spirit

THE BEGINNING OF MY JOURNEY

My name is **Sadhiya Thanzeem**, and my journey is a testament to resilience, hope, and the power of an unbreakable spirit. Born on **July 21, 2010**, to my loving parents, **Shamshuddin** and **Saleema Bee**, my early days were shadowed by constant fevers and endless tears.

At just **18 months old**, while undergoing treatment at **Apple Hospital, Hyderabad**, I was diagnosed with **Sickle Cell Anemia**.

That pivotal moment led us to compassionate pediatric hematologist **Dr. Ramana Dandamudi**, who guided us to the **Thalassemia and Sick Cell Society (TSCS)**. There, I found a second home and lifelong support from **Dr. Suman Jain** and **Dr. Saroja**.

When I was four years old, a beautiful blessing entered our lives—my little brother, **Sadhiq Jamaluddin**, was born, and we proactively preserved his stem cells in Pune for the future.



Over the years, my health remarkably improved, and my transfusion intervals increased from **six months to four years, and then to six years**. To build my strength, I joined karate classes during my **7th and 8th grades**. It transformed me completely. A girl who once struggled to walk **200 meters** can now **run 2 kilometers nonstop**, and I even secured **First Place in the Girls' Kata Competition** at the **Nalgonda District Level**.

THE CHALLENGES THAT MADE ME STRONGER

Living with **Sickle Cell Anemia** means facing unexpected storms, but I refuse to let them defeat me.

I experienced my first health crisis at **13 years of age**, and my second severe crisis occurred recently during my **10th grade**, leaving me hospitalized just before my final examinations. I was discharged only **three days before** my exams began.

The physical toll was immense. I felt so weak that I could barely climb the stairs at the examination center. Yet, powered by sheer determination, I pushed through the pain and completed my exams.

Not only did I write my examinations, but I also secured an outstanding **586 marks out of 600** in my **SSC 10th Board Examinations**.

Today, I stand healthy, strong, and vibrant, having received around **19 transfusions** in my life, with the last one just **four months ago**. My condition is a part of my history, but it does not define my future.

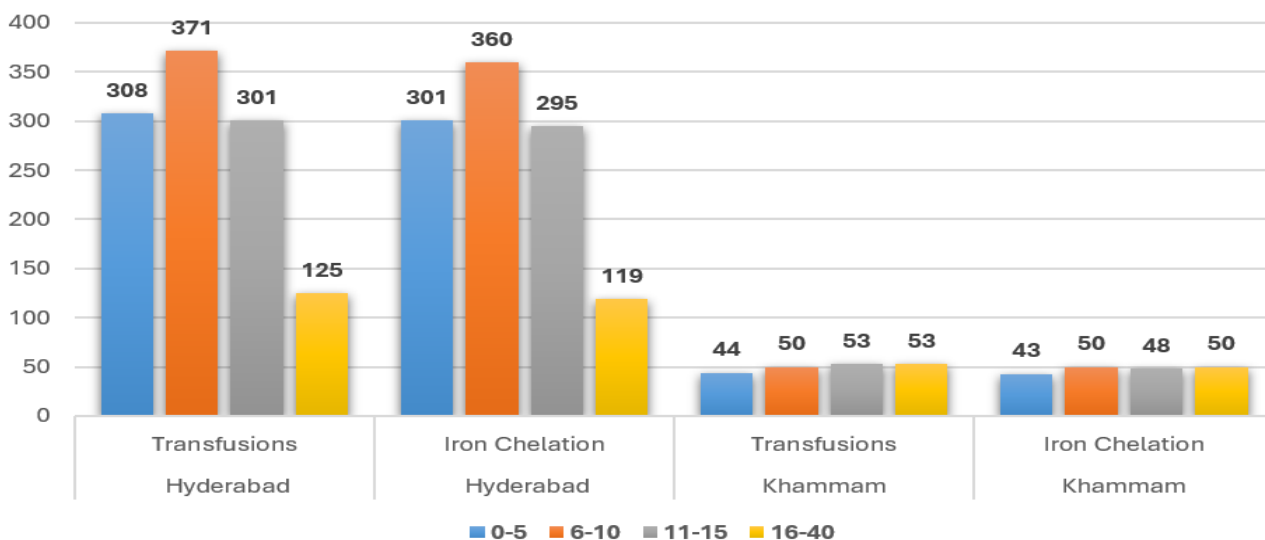
I hope my journey of overcoming every challenge inspires anyone facing difficult times. With courage, determination, and hope, you can conquer any hurdle life throws your way.

Highlights

- 19 transfusions in my life.
- Transfusion gaps increased from **6 months to 4 years, then to 6 years**.
- From walking **200 meters** to **running 2 km nonstop**.
- **1st Place** – Girls' Kata Competition (*Nalgonda District Level*).
- **586/600** in SSC 10th Board Examinations.

"Strength doesn't come from what you can do. It comes from overcoming the things you once thought you couldn't."

Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **June 2026** including all patients group were **1105 (Hyderabad)** and **180 (Khammam)** & a total of **1195** and **200** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
2009	10	32 (29 @ Hyderabad & 03 @ Khammam)	Nil

1740 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (288 - 11 carriers) , Mahabubnagar PHCs (550 - 14 carriers), Medchal-Malkajgiri PHCs (547 - 18 carriers) Private Hospitals (355 – 5 Carriers) of which 28 were found to be Thal carriers, SCA– 10, HbE – 2, HbD – 3 and Others - 5.

BLOOD CENTRE – JUNE 2026

S.No	Particulars	Units
1	Sensitization Programs Organized	56
2	Total no of Blood Donation Camps	40
3	Blood Collection Camps and In-house	1960
4	Thalassemic & General Free Issues	1814



Our deepest, most heartfelt gratitude to the SBI Hyderabad Circle for organizing life-saving blood donation camp.





Donations

Monthly Donors For June 2026

1	Murali K Siripurapu	13	Sandeep Kumar
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	A S Iron & Steel India Pvt Ltd	15	Jagdish Ch
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Shurab Kumar Mishra
6	Srikanth Gullapalli	18	Rathna
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	S Naresh Babu
10	Ch. Shashidar Reddy	22	Sunkari Shyam Sunder
11	V Balveeraiah & Sons	23	Giving Foundation
12	Sreyas Holistic Remedies Pvt Ltd	24	Akbar Khan

NEWS & EVENTS

Heartfelt gratitude to Mr. Surender Agarwal for his generous sponsorship of wonderful day-out trip (Wild Waters) for Thalassemia and Sickle Cell patients and their families (250)



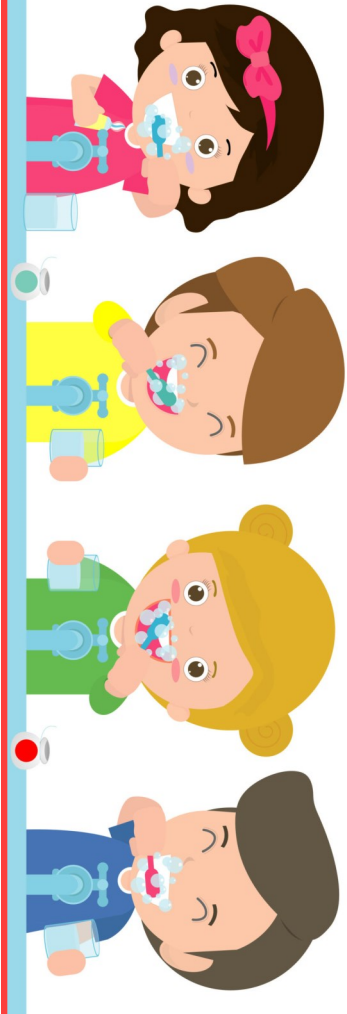
A total of 120 students from Osmania University visited the Thalassemia and Sickle Cell Society (TSCS) for a voluntary blood donation drive. The camp resulted in the collection of 98 units of blood. HPLC screening was conducted for 90 students, and 4 were identified as carriers of hemoglobin disorders and counseled accordingly.





International Sickle Cell Day 2026—HLA Sample Collection

SCA patients (39) and extended family (total 120) samples collected on occasion of World Sickle Cell Day 19th Jun 2026



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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SCAN TO KNOW MORE

