



Thalassemia and Sickle Cell Society

From a Thalassemia Diagnosis in Childhood to Pursuing a Career in Medicine

By Priyadarshini

Saurabh Kumar Mishra, originally from Patna, Bihar, was born to a non-consanguineous couple. His father, Pramod Kumar Mishra, is a physics lecturer, and his mother, Sunita Kumari, is a homemaker.

The family's first child unfortunately suffered an intrauterine death at nine months of gestation. Their second child, Saurabh, was delivered normally and remained healthy until around one and a half years of age. At that time, his parents began noticing lethargy, poor appetite and pallor. Initially, he was taken to a local physician, who suspected iron-deficiency anaemia and prescribed iron tablets.

However, Saurabh's condition continued to worsen over the following weeks. Concerned about his deteriorating health, his parents took him to AIIMS, New Delhi, where he was diagnosed with **E-beta Thalassemia**. The diagnosis came as a shock to the family, who had previously been unaware of the condition. They received detailed counselling regarding thalassemia, its inheritance and the importance of appropriate long-term management.

Following counselling at AIIMS, Saurabh was referred to SGPGI, Lucknow, where he continued treatment and follow-up for approximately 15 years. During this period, his parents also underwent genetic counselling and prenatal testing in subsequent pregnancies. On two occasions, prenatal testing confirmed thalassemia major, and the pregnancies were terminated following appropriate medical counselling. During the third pregnancy, prenatal testing showed that the baby was a thalassemia carrier. The pregnancy was successfully completed, and a baby girl was delivered by Caesarean section. She is currently a healthy thalassemia carrier.

Thus, the family now has two children—Saurabh, who has thalassemia, and his younger sister, who is a thalassemia carrier.

In 2019, after moving to Hyderabad for his academic pursuits, Saurabh registered with TSCS. Since then, he has been receiving regular blood transfusions, medical consultations and follow-up care through the centre. The family expresses deep appreciation for the care, support and services they have received from TSCS.

Despite living with thalassemia since early childhood, Saurabh remained committed to his education. From 2020 to 2025, he pursued and **successfully completed his MBBS from RIMS, Ranchi**. Today, he has completed his medical degree and is preparing for his postgraduate entrance examinations.

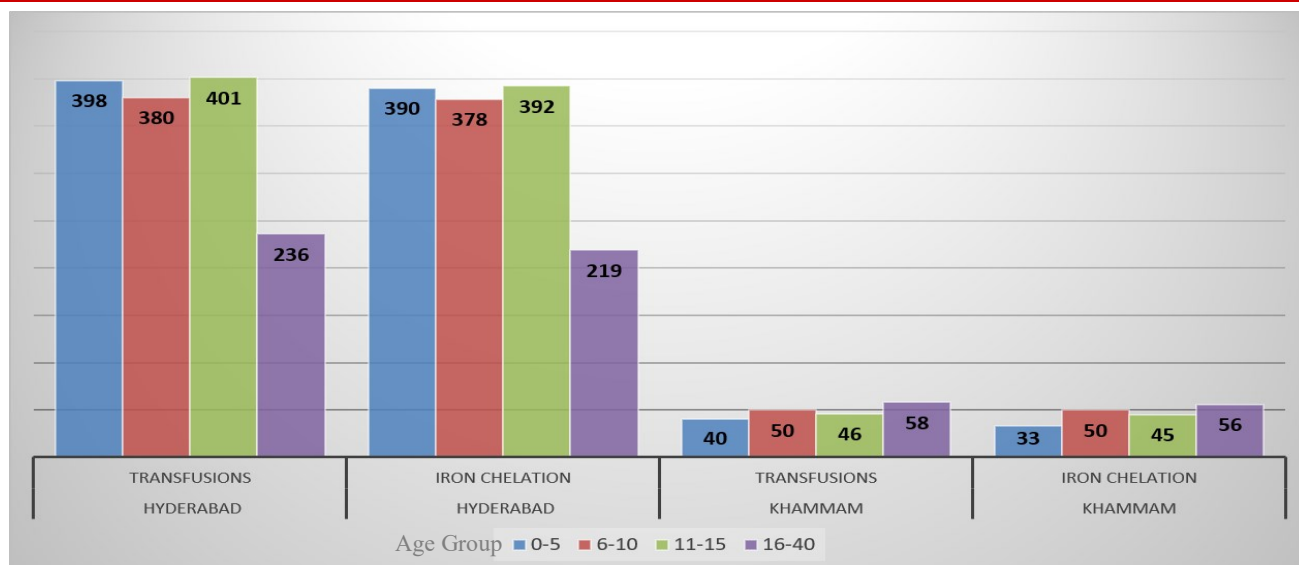
Saurabh's journey—from being diagnosed with thalassemia at a very young age to becoming an MBBS graduate—is a testament to the importance of early diagnosis, appropriate treatment, regular transfusion support, comprehensive counselling and the determination of patients and their families.

His story demonstrates that with sustained medical care and family support, individuals living with thalassemia can pursue their aspirations and build fulfilling careers.

The family remains extremely grateful to TSCS for the continuous care and support provided to Saurabh throughout his journey.



Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **Aug 2026** including all patients group were **1415 (Hyderabad)** and **162 (Khammam)** & a total of **1444** and **226** units of blood provided to patients in respective centres

HPLC at Society	PND (CVS/Amnio)	New registrations	Splenectomy
1875	8 (5-TSCS)	34 (29 @ Hyderabad & 05 @ Khammam)	01

1665 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (248 - 07 carriers) , Mahabubnagar PHCs (534 - 05 carriers), Medchal-Malkajgiri PHCs (558 - 25 carriers) Private Hospitals (325 – 08 Carriers) of which 26 were found to be Thal carriers, SCA– 12, HbE – 3, HbD – 3 and Others - 1

BLOOD CENTRE – AUG 2026

S.No	Particulars	Units
1	Sensitization Programs Organized	48
2	Total no of Blood Donation Camps	39
3	Opening Stock	518
4	Blood Collection Camps and In-house	2483
5	Closing Stock	537
6	Thalassemic & General Free Issues (Khammam—175)	2398



The **80th Independence Day** was celebrated at TSCS in collaboration with the **Raghavendra Nagar Colony Board of Directors**.



A proud occasion filled with patriotism, unity, and togetherness.

Donations



Monthly Donors For Aug 2026

1	Murali K Siripurapu	13	Sandeep Kumar Sangi
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	A S Iron & Steel India Pvt Ltd	15	Dhancot Fibres Pvt. Ltd.
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Devendar
6	Srikanth Gullapalli	18	Komaravolu Prajantha
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	Saathire Social Impact
10	Ch. Shashidar Reddy	22	Proconstruct Design and Engineering
11	V Balveeraiah & Sons	23	Giving Foundation
12	Ambika Steels	24	Akbar Khan

NEWS & EVENTS



**MAKING DREAMS
COME TRUE**
A Make-A-Wish initiative for Thalassaemia & Sickle Cell Warriors
Turning wishes into moments of joy, confidence and hope



Parents of Harsha Jain 1282 donated five stand fans today. Harsha Jain had haplo BMT done at NH on 15/10/2025



Vishwajith Sai B finishes 1st in the Below 1701 Category at the PICA All India Open Chess Championship



Ms. Shruthi Sharanya, Thal Warrior is Laptop winner. As part of Empowering Thal Warriors - By Thalasseemics India



GANSID Congress 2026

GANSID (USA) CONGRESS

ON SICKLE CELL & OTHER
INHERITED BLOOD DISORDERS

2026



OCTOBER 23-25, 2026

**HYDERABAD INTERNATIONAL
CONVENTION CENTRE**

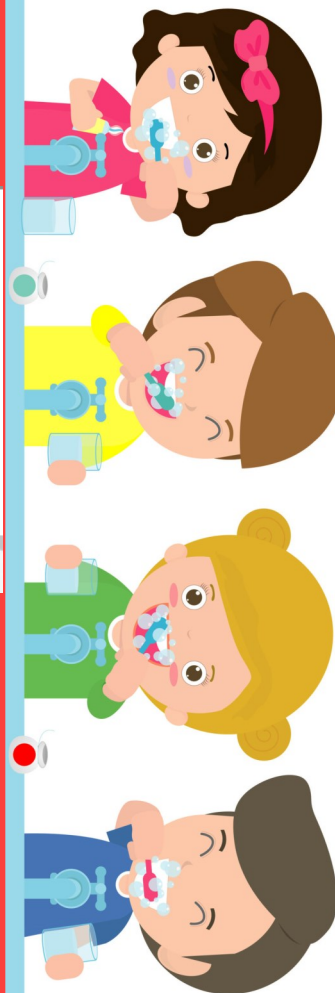


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LOCAL PARTNER

**THALASSEMIA AND
SICKLE CELL SOCIETY (TSCS)
HYDERABAD, INDIA**

Dedicated to Prevention, Care, and Support for
Patients with Thalassemia & Sickle Cell Disorders



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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