



# Thalassemia and Sickle Cell Society

## A Story of Hope: Ruthvij's Journey with Thalassemia

By Mrs. Priyadarshini

In the quiet village of Thorrur in Mahbubabad district, Telangana, a young couple—Vijay and Jyothi—began their married life with love and hope in 2022. Their bond was strong; a love marriage built on mutual trust and dreams of building a happy family together. Vijay, a hard-working man, drove for Rapido to support his family, while Jyothi took care of their home with warmth and dedication.

In 2023, their lives were blessed with the arrival of their first child, a beautiful baby boy named **Ruthvij**. For the first six months, Ruthvij grew like any healthy child—bringing joy, laughter, and light into their home. But soon after, their happiness was clouded with worry.

At just over six months old, Ruthvij developed a fever. Concerned, his parents took him to **Ankura Hospital in Uppal**, hoping it was something minor. After a few tests, the doctors informed them that Ruthvij's **haemoglobin levels were dangerously low—around 5 g/dL**. Alarmed by the results, the doctors referred the family to **Ankura's Kukatpally branch** for further examination.

There, paediatric specialists conducted more tests and observed an enlargement of the liver and spleen, raising the suspicion of Thalassemia—a rare but serious blood disorder. The doctors explained the possible diagnosis and suggested the family visit the **Thalassemia and Sickle Cell Society in Hyderabad** for confirmation and specialized care.

Still confused and anxious, Vijay and Jyothi followed the advice and reached the society, where **Ruthvij was officially diagnosed with Thalassemia**. The news shattered them. How could this happen to their child? They were not related by blood; theirs was a non-consanguineous marriage. The realization that **both parents were carriers** of the Thalassemia trait came only after further testing through **HPLC and DNA** counselling.

The parents, who had already spent ₹20,000 on diagnostic tests and hospital visits, were emotionally and financially strained. They began regular visits to the society, where Ruthvij's haemoglobin levels were closely monitored and managed. But they knew this wasn't a permanent solution—**lifelong blood transfusions and hospital visits were not the future they wanted for their son**.

Then they heard about a ray of hope: **Bone Marrow Transplant (BMT)**—a potential cure for Thalassemia. Determined to explore every option, they consulted specialists at **Narayana Health and Rainbow Children's Hospital**, seeking information about the BMT process, donor matching, and costs involved.

Though the journey ahead is challenging, **Vijay and Jyothi remain hopeful**. They are doing everything they can—from regular treatments to preparing for a possible BMT—to give their son a chance at a normal, healthy life. Their story is not just about illness, but about **courage, determination, and the power of parental love in the face of adversity**.

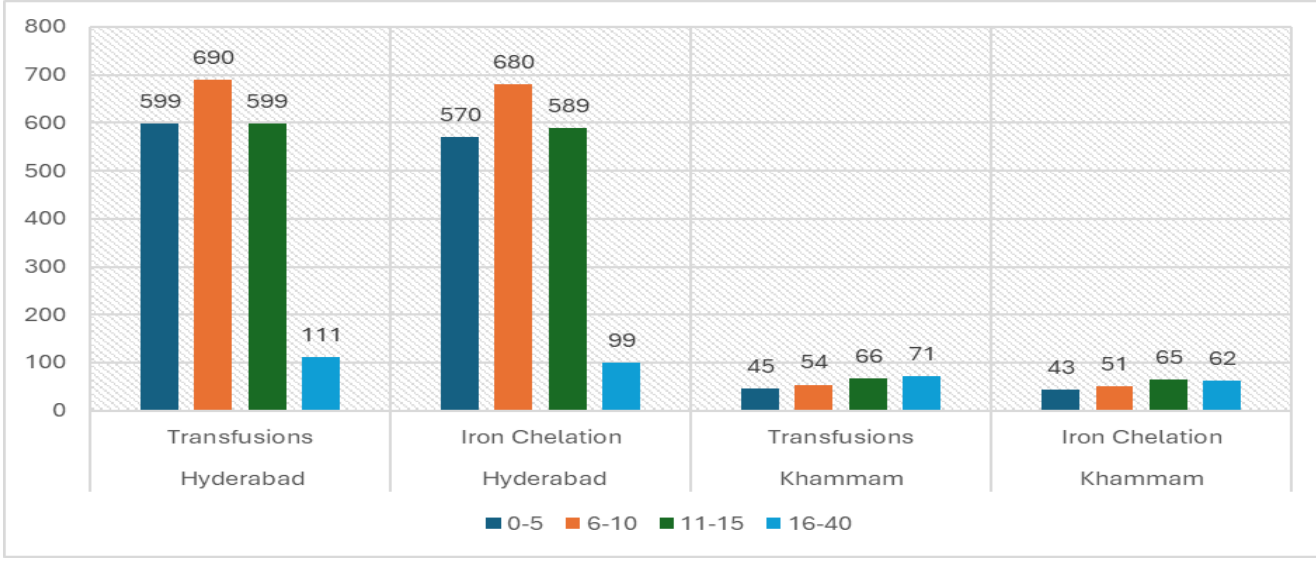
This is **Ruthvij's journey**, a story of a little boy fighting a big battle—with two brave parents standing beside him, every step of the way.



Awareness about Thalassemia



## Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **September 2025** including all patients group were **1999 (Hyderabad)** and **236 (Khammam)** & a total of **2237** and **296** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
<b>1961</b>	<b>8</b>	<b>29</b> (25 @ Hyderabad & 04 @ Khammam)	<b>2</b>

**1700 Antenatal women** were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (274 - 10 carriers)** , **Mahabubnagar PHCs (570 - 18 carriers)**, **Medchal-Malkajgiri PHCs (530 - 21 carriers)** **Private Hospitals (101 – 2 Carriers)** of which **48** were found to be **Thal carriers, SCA – 7, HbD -2, HbE-5 and DbT - 1 carriers.**

### BLOOD BANK

S.No	Particulars	Units
1	Sensitization Programs Organized	40
2	Total no of Blood Donation Camps	33
3	Blood Collection Camps and In-house	2198
4	Discard Bags	30
5	Thalassemic & General Free Issues (Khammam –245 units)	2385

Shri Rajnath Singh Ji, Hon'ble Defense Minister Govt. of India visited TSCS Blood Donation Camp at Parad Grounds, Secunderabad on 17th Sept 2025





# Donations



## Monthly Donors For August 2025

1	Murali K Siripurapu	13	Nagarkunta Naveen Kumar Reddy
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	Lohiya Edible Oils Pvt Ltd	15	Aim Asia
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Helping Hand Foundation
6	Srikanth Gullapalli	18	Vasudha Pharma Chem Ltd
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	A S Iron & Steel India Pvt Ltd
10	Ch. Shashidar Reddy	22	Dhancot Fibres Pvt Ltd
11	V Balveeraiah & Sons	23	Prasantha Komaravoli
12	Sreyas Holistic Remedies Pvt Ltd	24	Chandrakantha Bahiti

## NEWS & EVENTS

Shri Rajnath Singh Ji, Hon'ble Defense Minister Govt. of India visited TSCS Blood Donation Camp on 17th Sept 2025



Dr. Chandrakanth Agarwal participated in the 50th Annual Conference of the Indian Society of Blood Transfusion & Immunohaematology (TRANSCON 2025), held on 19th to 21st September 2025 at the Grand Hyatt, Gurugram.

Dr. Saroja and Dr. Suman Jain attended the 13th Defrijet Thalassemia Conclave on 27th Sept 2025 in Chandrapur



Dr. Suman Jain—Sickle Cell Burden: From Insights to Actions Organized by Novartis, held in Delhi on 26th Sept 2025





## Public Health Awareness

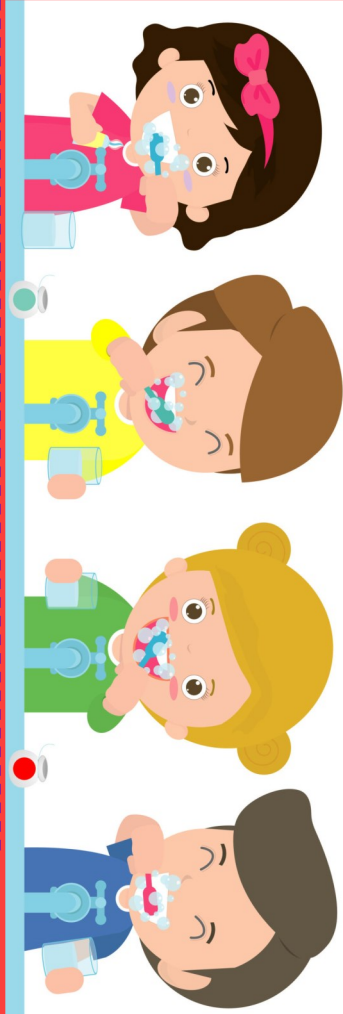
At the **Thalassemia & Sickle Cell Society (TSCS)**, public health awareness is at the heart of our mission to build a **Thalassemia-free and Sickle Cell-free nation**. Awareness is the first step toward prevention, early diagnosis, and effective management of these genetic blood disorders.

Through our continuous efforts, TSCS strives to **educate communities, students, healthcare professionals, and policymakers** about the causes, prevention, and treatment of Thalassemia and Sickle Cell Anemia. Public health awareness initiatives help individuals understand that **these disorders are preventable through simple blood tests and genetic counseling**.

Our awareness activities include:

- \* **Community outreach and education programs** in schools, colleges, and rural areas.
- \* **Antenatal and premarital screening campaigns** to prevent the birth of affected children.
- \* **Voluntary blood donation drives** to ensure a safe and continuous blood supply for Thalassemia patients.
- \* **Health talks, rallies, and workshops** on World Thalassemia Day, World Sickle Cell Day, and other national health observances.
- \* **Collaborations with government bodies, medical professionals, and NGOs** to strengthen preventive healthcare and patient support systems.

Through these initiatives, TSCS aims to **empower individuals and families with knowledge**, promote **preventive healthcare practices**, and inspire society to come together in support of those affected. By spreading awareness, we move closer to our vision — *a healthier future where no child is born with Thalassemia or Sickle Cell Disease*.



## Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



# THALASSEMIA AND SICKLE CELL SOCIETY

Door No. 8-13-95/1/C,  
Opp. lane to National Police Academy,  
Raghavendra Colony, Shivarampally,  
Rajendra Nagar, Rangareddy District – 500052  
Hyderabad, Telangana  
Ph. 040-29885658 / 29880731 / 29885458  
Website: [www.tscsindia.org](http://www.tscsindia.org)  
E-mail: [tscs@tscsindia.org](mailto:tscs@tscsindia.org) / [tscsap@gmail.com](mailto:tscsap@gmail.com)



SCAN TO KNOW MORE

