



# Thalassemia and Sickle Cell Society

## A Journey Through Courage, Loss, and Hope – The Story of Tagore Naik's Family

By Mrs. Priyadarshini

Narayana, a hardworking farmer, and his wife Laxmi, a dedicated homemaker, live in Palvancha, Kothagudem district. Bound by a far consanguineous marriage, Narayana and Laxmi's life together was enriched by five children.

Their first-born, Rupa, grew up healthy, married, and is now a mother of two. The second child, Durga, was born with Sickle Beta Thalassemia, but her parents only learned of her condition when she was four years old. The third child, Jyothi, was identified as a sickle carrier. She later married and has a son.

The fourth child, Tagore Naik, was also found to be a Sickle Beta Thalassemia carrier. His diagnosis came at the age of six.

The youngest, Ganesh, is also a sickle carrier.

Durga and Tagore were diagnosed at Mamatha Hospital, Khammam, and their parents sought treatment from multiple places — MGM Hospital Warangal, local government hospitals, and others. They were placed on medications such as Hydroxyurea (Hydrea) and Folvite.

In 2011, Durga joined the Thalassemia and Sickle Cell Society (TSCS) for regular follow-ups, and Tagore became a member in 2012. Both received ongoing care and guidance from the society.

Life took a tragic turn in 2016. Durga got married, and during her pregnancy, at nine months, she contracted dengue fever. Despite efforts to save her, she passed away in 2018. The loss shattered the family. Tagore, deeply affected by his sister's death, slipped into depression. With persistent counselling and support, he gradually recovered.

In 2024, Tagore married Priyanka, also from a far consanguineous marriage and identified as a sickle carrier. The couple received prenatal diagnostic (PND) counselling to ensure informed decisions for their future.

Today, Tagore is living a stable, happy life. He maintains his health well and serves as an Assistant Lineman in the Telangana State Northern Power Distribution Company Limited (TGNPDCL), a respected state government sector role.

From hardship to healing, this family's journey reflects the importance of awareness, early detection, counselling, and the unwavering support of organizations like TSCS in the lives of those affected by genetic blood disorders.

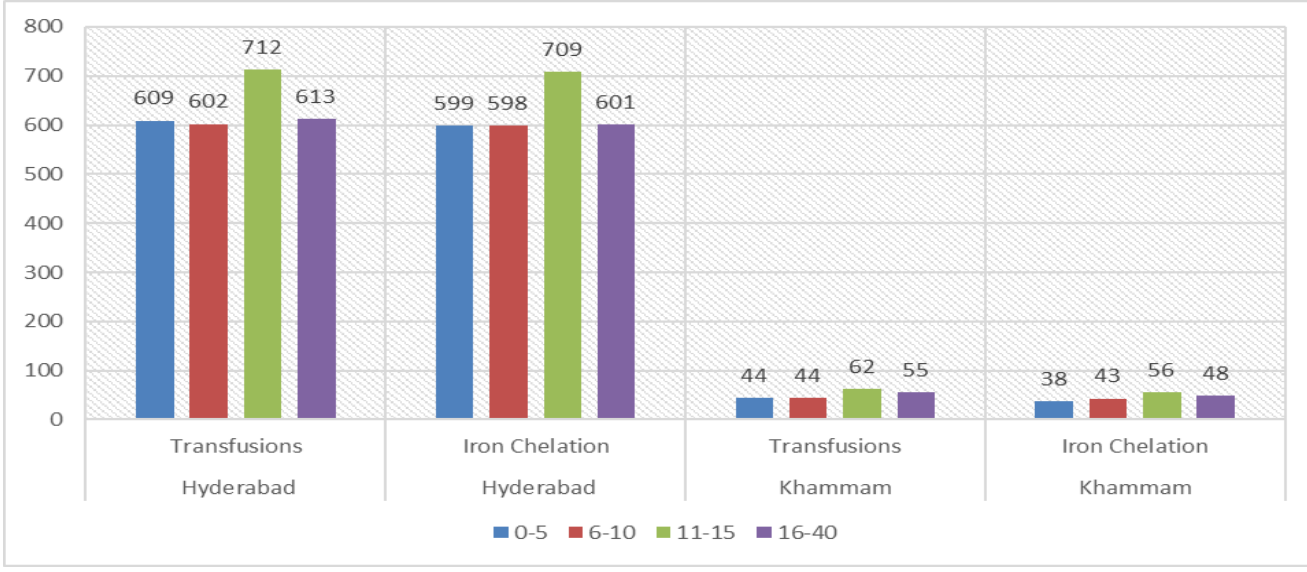


Awareness about Thalassemia



Donate blood and be the reason of smile to many faces.!

## Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



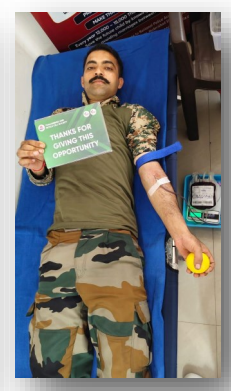
Total number of Blood Transfusions for the month of **July 2025** including all patients group were **2536 (Hyderabad)** and **205 (Khammam)** & a total of **2816** and **268** units of blood provided to patients in respective centres

| HPLC at Society | CVS at TSCS | New registrations                         | Splenectomy |
|-----------------|-------------|---|-------------|
| <b>2070</b>     | <b>4</b>    | <b>38</b> (31 @ Hyderabad & 07 @ Khammam) | <b>0</b>    |

**1768 Antenatal women** were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (320 - 12 carriers)** , **Mahabubnagar PHCs (656 - 10 carriers)**, **Medchal-Malkajgiri PHCs (474 - 18 carriers)** **Private Hospitals (318 – 8 Carriers)** of which **30** were found to be **Thal carriers, SCA - 15, EA - 1, HbD – 1 and Others –1 carriers.**

### BLOOD BANK

| S.No | Particulars                         | Units |
|------|-------------------------------------|-------|
| 1    | Sensitization Programs Organized    | 43    |
| 2    | Total no of Blood Donation Camps    | 31    |
| 3    | Blood Collection Camps and In-house | 2169  |
| 4    | Thalassemic & General Free Issues   | 2364  |
| 5    | General Paid Issues                 | 67    |





# Donations



## Monthly Donors For July 2025

|    |                                  |    |                                |
|----|----------------------------------|----|--------------------------------|
| 1  | Murali K Siripurapu              | 13 | Nagarkunta Naveen Kumar Reddy  |
| 2  | Shrinath Rotopack Pvt Ltd        | 14 | Shree Jewellers Eximp Pvt Ltd  |
| 3  | Lohiya Edible Oils Pvt Ltd       | 15 | Aim Asia                       |
| 4  | Rani                             | 16 | Sri Nava Durga Billets Pvt Ltd |
| 5  | Supreme Agencies                 | 17 | Helping Hand Foundation        |
| 6  | Srikanth Gullapalli              | 18 | Vasudha Pharma Chem Ltd        |
| 7  | Kumar Enterprises                | 19 | Sri Krishna Jewellery Mart     |
| 8  | Deccan Switch Gears              | 20 | Smt Banarsai Bai               |
| 9  | Dr. C. Anupama Reddy             | 21 | A S Iron & Steel India Pvt Ltd |
| 10 | Ch. Shashidar Reddy              | 22 | Satyanarayana Raju Datla       |
| 11 | V Balveeraiah & Sons             | 23 | Hetro Plasma Science           |
| 12 | Sreyas Holistic Remedies Pvt Ltd | 24 | Hariom Pipe Industries Ltd     |

## NEWS & EVENTS

**Sankalp Team ( Dr. Mohan Reddy, Mr. Abhijit and Mrs. Archana) visited TSCS to review BMT patients.**



### Donation

On 24th July 2025, TSCS President Mr. Chandrakant Agarwal and team met Shri K. T. Rama Rao on his birthday. He donated ₹3 lakhs, gifted watches to Thalassemia patients, and assured a future visit to support our initiatives.



**10th International Conference of the Board of Genetic Counselling, India (BGCI) – Dr. Suman Jain delivered a talk on the diagnosis, management, and standard-of-care model for Thal and SCA**



**Visit by the MS Education Team – TSCS extends its heartfelt gratitude to MSE for their continued support towards Thalassemia and Sickle Cell patients**





## Health Tips for the Rainy Season

The rainy season brings relief from the summer heat, but it also brings its own set of health challenges. Increased humidity, stagnant water, and a drop in temperature can make our bodies more vulnerable to infections. Here are some essential tips to help you stay healthy and enjoy the monsoon safely.



### 1. Eat Fresh & Hygienic Food

Avoid street food and raw cut fruits during this season as they may be exposed to contamination. Opt for freshly cooked, warm meals. Wash vegetables and fruits thoroughly before use.

### 2. Drink Safe Water

Waterborne diseases like typhoid, cholera, and diarrhea are common in the rainy season. Always drink boiled or filtered water. Carry your own bottle when travelling.

### 3. Protect Yourself from Mosquitoes

Stagnant water is a breeding ground for mosquitoes, leading to dengue and malaria. Keep your surroundings clean and free from water collection. Use mosquito nets, repellents, and wear full-sleeved clothing.

### 4. Boost Your Immunity

Include vitamin C-rich foods like oranges, lemons, and amla in your diet to strengthen immunity. Herbal teas with ginger, tulsi, and honey can also help ward off infections.

### 5. Keep Yourself Dry

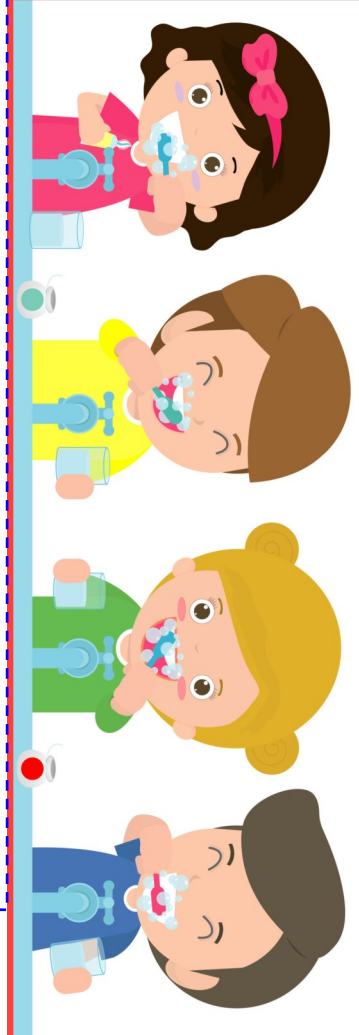
Change out of wet clothes immediately to prevent fungal infections and colds. Keep an umbrella or raincoat handy.

### 6. Exercise & Rest Well

Indoor exercises like yoga and stretching will keep you fit when outdoor activity is limited. Ensure you get 7–8 hours of sleep to help your body recover daily.

### 7. Be Cautious with Chronic Conditions

Those with asthma, diabetes, or weakened immunity should take extra precautions, as damp weather can aggravate symptoms.



## Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



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SCAN TO KNOW MORE

