



Thalassemia and Sickle Cell Society



A Journey of Hope, Care, and Resilience

By Mrs. Priyadarshini

Shankar, an employee in the dispatch department at Thermo Cable, and his wife Lavanya, a homemaker, are a non-consanguineous couple from Telangana. Their lives changed profoundly with the birth of their first child, Goutam, at Raju Hospital, Medchal. The baby appeared healthy and normal during the first three months. However, as time passed, his parents began to notice worrying signs—gradual weight loss, poor appetite, and difficulty in feeding.



Deeply concerned, the family sought medical advice from several private hospitals, but answers remained elusive and Goutam's condition did not improve. It was only after the company doctor at Shankar's workplace trust hospital intervened that the child was referred to Niloufar Hospital. There, following detailed clinical evaluation and investigations, Goutam was diagnosed with Thalassemia Major—a life-altering moment for the family.

Recognizing the need for specialized and long-term care, Thermo Cable's Managing Director, Ms. Uma Gurka, who was familiar with the work of Dr. Suman Jain, guided the family to the Thalassemia and Sickle Cell Society (TSCS), Banjara Hills, Hyderabad. Goutam was registered at TSCS in 2010, marking the beginning of structured, consistent, and compassionate care.

Since then, Goutam has been receiving regular blood transfusions, meticulous follow-up, and comprehensive medical management. Today, his health is stable, with a serum ferritin level of 506 ng/ml, reflecting effective long-term care. Defying the limitations often associated with chronic illness, Goutam successfully completed his ITA and is now employed, leading a productive and independent life.

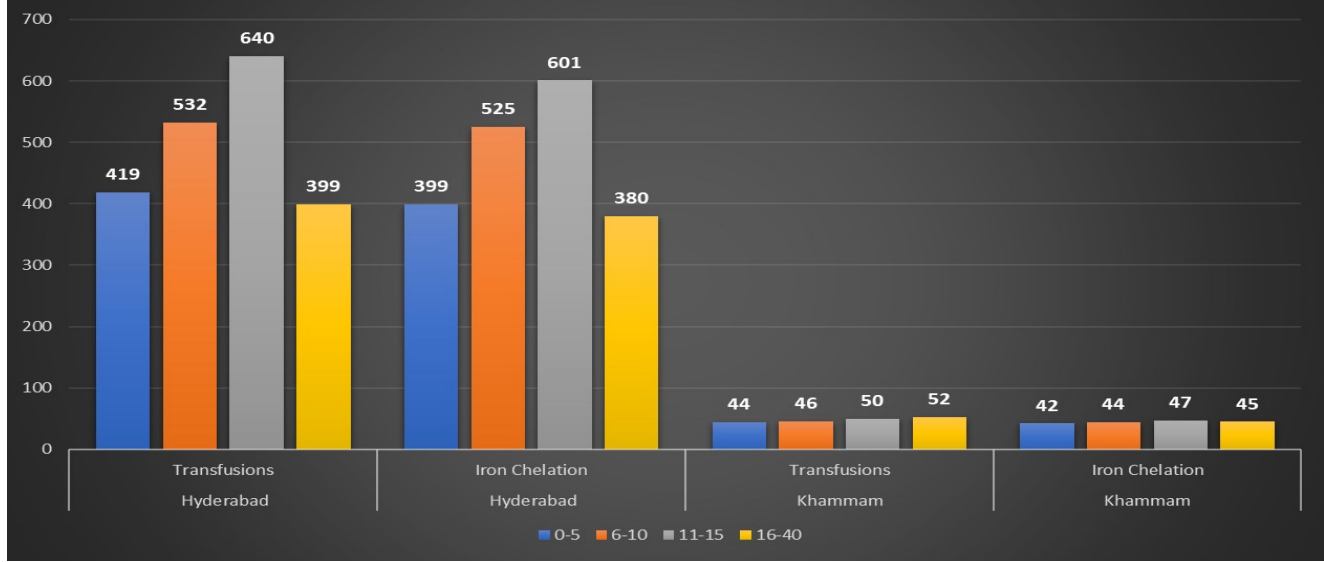
Though the family faced emotional hardship with the loss of a second pregnancy, they have emerged resilient and emotionally stable. Content and hopeful, they continue regular follow-up at TSCS, grateful for the care that transformed their child's life—and their own.

Awareness about Thalassemia



Donate blood and be the reason of smile to many faces.!

Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **January 2026** including all patients group were **1990 (Hyderabad)** and **159 (Khammam)** & a total of **2240** and **225** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
1888	11	20 (16 @ Hyderabad & 04 @ Khammam)	Nil

1563 Antenatal women were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (255 - 8 carriers)** , **Mahabubnagar PHCs (585 - 15 carriers)**, **Medchal-Malkajgiri PHCs (428 - 22 carriers)** **Private Hospitals (295 – 6 Carriers)** of which **24** were found to be **Thal carriers, SCA– 15, HbD –5, HbE-3** and **Others - 4 carriers.**

BLOOD BANK

S.No	Particulars	Units
1	Sensitization Programs Organized	32
2	Total no of Blood Donation Camps	19
3	Opening Stock	340
4	Blood Collection Camps and In-house	2248
5	Thalassemic & General Free Issues	1947



Thanks for organizing In-house blood donation camp





Donations



Monthly Donors For January 2026

1	Murali K Siripurapu	13	Nagarkunta Naveen Kumar Reddy
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	Lohiya Edible Oils Pvt Ltd	15	Aim Asia
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Helping Hand Foundation
6	Srikanth Gullapalli	18	Vasudha Pharma Chem Ltd
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	A S Iron & Steel India Pvt Ltd
10	Ch. Shashidar Reddy	22	PlasmaGen Bio Sciences
11	V Balveeraiah & Sons	23	Diagast
12	Sreyas Holistic Remedies Pvt Ltd	24	Intas Pharmaceuticals Pvt Ltd

NEWS & EVENTS

Asian Thalassaemia Conclave 2026—A great Success



Rotary Club of Lake District Moinabad supported to setup Solar plant at TSCS



Republic Day celebrations at TSCS





Successful Conduct of Asian Thalassemia Conclave (ATC) 2026

The Asian Thalassemia Conclave (ATC) 2026 was conducted successfully, advancing the collective vision of “Mission Thalassemia-Free India – 2035.” The conclave brought together **over 350 participants from more than 120 societies, organisations, institutions, along with clinicians, researchers, patients, and parents**, creating a strong, inclusive platform for scientific exchange and stakeholder engagement.

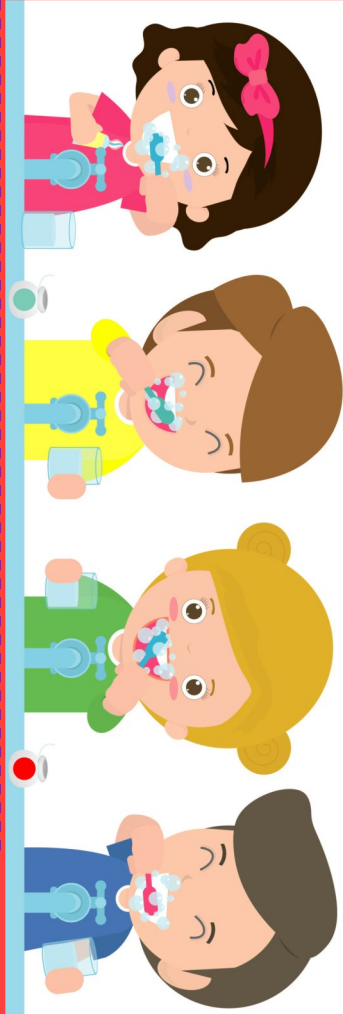


The scientific programme offered a comprehensive overview of thalassemia management and prevention, covering optimal transfusion practices, blood safety, iron overload management, systemic complications, prevention strategies, curative therapies, and emerging innovations. Key advances such as gene therapy, bone marrow transplantation, and novel disease-modifying agents were discussed alongside the continued importance of safe blood transfusion, effective chelation, and multidisciplinary care, particularly in resource-limited settings.

A major strength of ATC 2026 was its **life-course approach** to thalassemia, addressing early diagnosis, growth and endocrine health, cardiac and bone complications, adult outcomes, and quality of life. Prevention remained a central

focus, with strong emphasis on carrier screening, antenatal diagnosis, and community-based interventions to reduce the birth of affected children.

The conclave also highlighted critical implementation challenges, including access to leukodepleted and NAT-tested blood, strengthening voluntary blood donation, expanding MRI-based iron monitoring, and standardizing transfusion practices. ATC 2026 reinforced a unified commitment that every person with thalassemia deserves safe, timely, and optimal care, and served as a meaningful step towards achieving a **Thalassemia-Free India by 2035**.



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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