



# Thalassemia and Sickle Cell Society



## A Family's Fight Against Thalassemia: Seeking Support for Life -Saving BMT for Twins

By Mrs. Priyadarshini

Mr. Syed Azar Hussain and Mrs. Bushra Amath, a consanguineous couple from Hyderabad, are parents of four children and are currently facing a serious medical challenge with their youngest twin sons. Mr. Syed Azar Hussain works as a delivery partner with Zomato and is the sole earning member of the family, while Mrs. Bushra Amath is a homemaker.

Their first child, Aliza Fatima (9 years), and second child, Abdulla Hussain (6 years), were both diagnosed as thalassemia carriers. Since they were otherwise healthy, the parents did not anticipate any serious complications in future pregnancies.

Later, the couple was blessed with twin boys, Syed Qayyum Hussain and Syed Qasim Hussain. Initially, both babies appeared healthy. However, at around 11 months of age, they began experiencing recurrent fever and vomiting. A paediatrician noticed pallor and enlarged spleens during examination and advised the parents to seek further evaluation at Niloufer Hospital.

The twins were admitted to Niloufer Hospital for nearly 20 days, where detailed investigations, including HPLC testing, were conducted for both the children and their parents. The results confirmed that both twins were affected with Thalassemia Major. The family was subsequently referred to the Thalassemia and Sickle Cell Society (TSCS) for further management. The twins were registered at TSCS on 27th April 2024 and have since been receiving regular monitoring and supportive care.

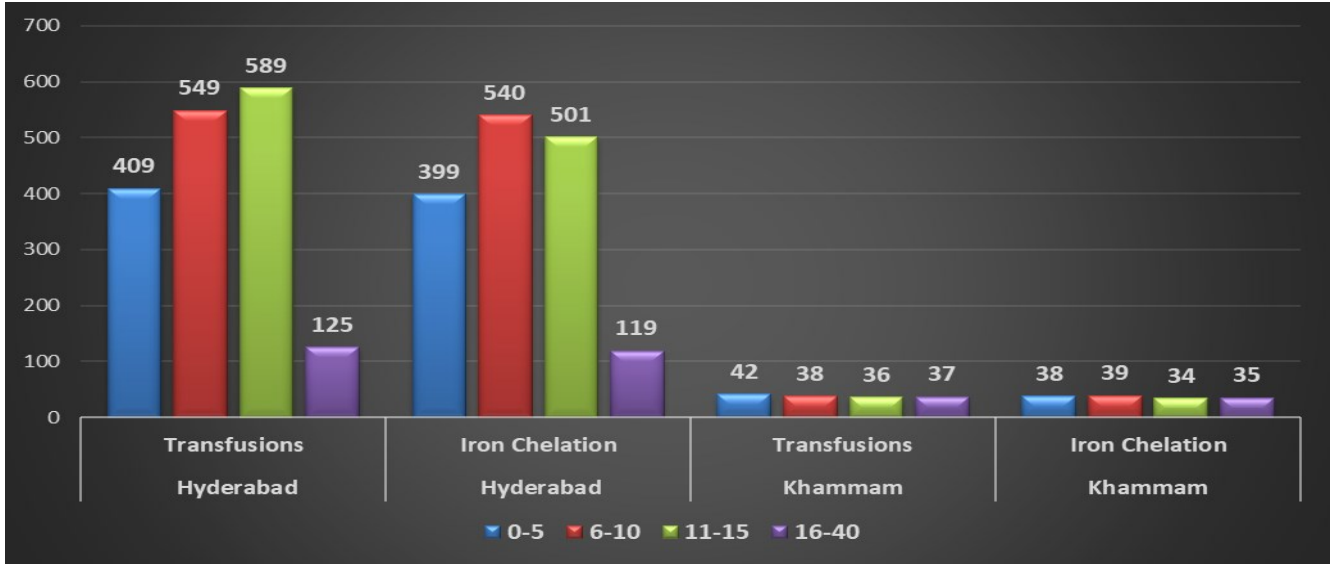
Further evaluation revealed that the twins have an HLA full match with their sibling, making them eligible for Bone Marrow Transplant (BMT), which is currently the only curative treatment for Thalassemia Major. However, the cost of the procedure is extremely high and beyond the financial capacity of the family. The parents are therefore seeking support and assistance to help their children undergo BMT and lead a healthy, transfusion-free life.



Awareness about Thalassemia



## Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **February 2026** including all patients group were **1672 (Hyderabad)** and **153 (Khammam)** & a total of **1887** and **187** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
<b>1849</b>	<b>4</b>	<b>30</b> (26 @ Hyderabad & 04 @ Khammam)	<b>1</b>

**1606 Antenatal women** were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (270 - 6 carriers)** , **Mahabubnagar PHCs (619 - 13 carriers)**, **Medchal-Malkajgiri PHCs (441 - 26 carriers)** **Private Hospitals (276 – 4 Carriers)** of which **28** were found to be **Thal carriers, SCA- 12, HbD -5, HbE-3** and **Others - 2 carriers.**

### BLOOD CENTRE – FEB 2026

S.No	Particulars	Units
1	Sensitization Programs Organized	38
2	Total no of Blood Donation Camps	26
3	Blood Collection Camps and In-house	1680
4	Discard Bags	32
5	Thalassemic & General Free Issues	1902



Mega Blood Donation Camp





## Monthly Donors For February 2026

1	Murali K Siripurapu	13	Nagarkunta Naveen Kumar Reddy
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	Lohiya Edible Oils Pvt Ltd	15	Cipla Pvt Ltd
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Helping Hand Foundation
6	Srikanth Gullapalli	18	Vasudha Pharma Chem Ltd
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	A S Iron & Steel India Pvt Ltd
10	Ch. Shashidar Reddy	22	Romaan Walani
11	V Balveeraiah & Sons	23	Roche Diagnostics India Pvt Ltd.
12	Sreyas Holistic Remedies Pvt Ltd	24	Prem A Chainani

## NEWS & EVENTS

**Training on Thalassemia Management to PATH team from Maharashtra and Madhya Pradesh**



**BMT patient evaluation by the SANKALP team**





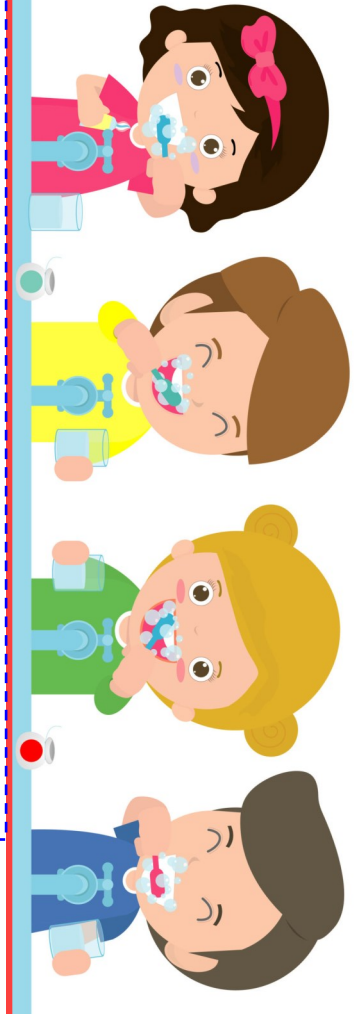
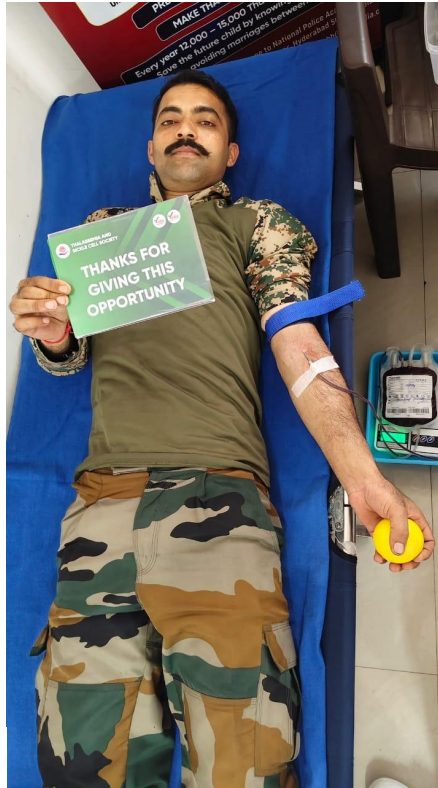
## Blood Donation for Thalassemia Patients

Thalassemia is a genetic blood disorder in which the body cannot produce enough healthy hemoglobin. Patients with severe forms, especially Thalassemia Major, require regular blood transfusions every 2–4 weeks throughout their lives to survive and maintain a healthy quality of life.

Voluntary blood donation plays a crucial role in supporting these patients. Each unit of donated blood helps maintain adequate hemoglobin levels, enabling children and adults with thalassemia to grow, study, and lead more active lives. Without timely transfusions, patients may suffer from severe anemia, weakness, delayed growth, and life-threatening complications.

Therefore, regular voluntary blood donation is a lifeline for thalassemia patients. Creating awareness and encouraging healthy individuals to donate blood regularly can ensure a safe and sufficient blood supply for those who depend on it. A single act of blood donation can save and improve the lives of many thalassemia patients.

**“Donate Blood, Give Hope and Life to Thalassemia Children.”**



## Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



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SCAN TO KNOW MORE

