



Thalassemia and Sickle Cell Society



Karunya's Journey: From Silent Struggle to Renewed Hope

By Mrs. Priyadarshini

Karunya hails from a non-consanguineous family in Dhachapally Mandal of Palnadu District. Born into a modest household, her parents, Mr. Yesobu and Mrs. Vajramma, are daily wage labourers striving to support their three daughters despite severe financial constraints. Karunya is the youngest; her eldest sister is married with two children, while her second sister remains unmarried.

From an early age, Karunya experienced frequent illness, persistent weakness, and anemia. At the age of ten, she was diagnosed with **Thalassemia Intermedia**. Although her health was fragile during childhood, she did not require blood transfusions at that stage. However, in **March 2025**, her condition deteriorated drastically. She became extremely pale, fatigued, and weak, alarming her parents who rushed her to AIIMS, **Mangalagiri**.

Following detailed clinical evaluation and laboratory investigations of Karunya and her parents, doctors reconfirmed the diagnosis of **Thalassemia Intermedia** and initiated **regular blood transfusions** due to severe anemia. The medical team at AIIMS, along with the local ASHA worker, guided the family towards specialized thalassemia care and informed them about the **Thalassemia and Sickle Cell Society (TSCS), Shivarampally**.



Acting on this advice, Karunya's parents approached TSCS and successfully registered her on **08 September 2025**. At TSCS, comprehensive investigations including **ICT/DCT testing and red cell phenotyping** were performed. Since then, Karunya has been receiving **properly cross-matched and antibody-matched blood transfusions**, ensuring safe and effective treatment.

Karunya is now under regular follow-up by a **multidisciplinary medical team**, including a hematologist, cardiologist, radiologist, and endocrinologist, who closely monitor her health and manage potential complications associated with thalassemia.

With consistent medical care, timely transfusions, and unwavering support from TSCS, Karunya's health has shown **remarkable improvement**. Her parents express deep gratitude and satisfaction for the comprehensive services provided by TSCS, which have brought stability, confidence, and renewed hope into their lives.

Today, Karunya is cheerful, motivated, and full of aspirations. She dreams of becoming a **teacher**, determined to lead a meaningful, independent life—an inspiring testament to how timely intervention, compassionate care, and dedicated support can transform lives.

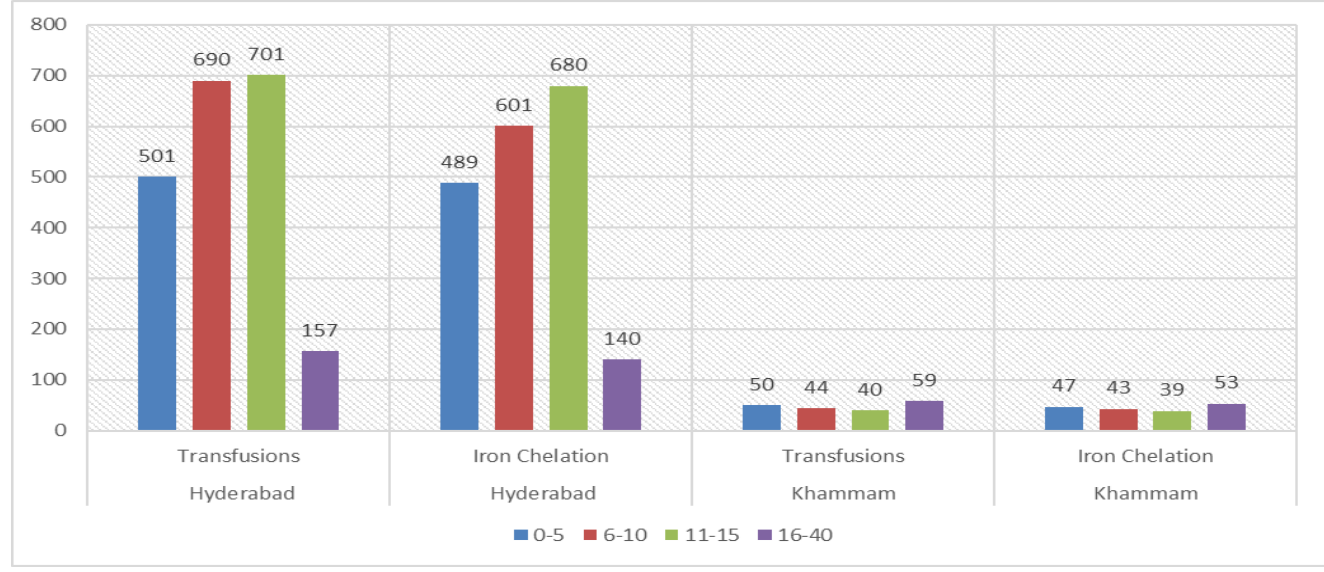
Awareness about Thalassemia





Donate blood and be the reason of smile to many faces.!

Blood Transfusion and Iron-Chelation Details at Hyderabad and Khammam



Total number of Blood Transfusions for the month of **December 2025** including all patients group were **2049 (Hyderabad)** and **193 (Khammam)** & a total of **2349** and **220** units of blood provided to patients in respective centres

HPLC at Society	CVS at TSCS	New registrations	Splenectomy
1821	5	25 (24 @ Hyderabad & 01 @ Khammam)	Nil

1547 Antenatal women were screened for **Thalassemia** and **Sickle cell anemia** carrier status from **Government Maternity Hospital, Petlaburj (288 - 4 carriers)** , **Mahabubnagar PHCs (555 - 10 carriers)**, **Medchal-Malkajgiri PHCs (425 - 18 carriers)** **Private Hospitals (279 – 7 Carriers)** of which **25** were found to be **Thal carriers, SCA– 5, HbD –4, HbE-2 and Others - 1 carriers.**

BLOOD BANK

S.No	Particulars	Units
1	Sensitization Programs Organized	43
2	Total no of Blood Donation Camps	32
3	Opening Stock	179
4	Blood Collection Camps and In-house	2352
5	Closing Stock	340
6	Thalassemic & General Free Issues	2106



Dr. Sunil Bhat, Senior Paediatric Hematologist and Bone Marrow Transplant Specialist at Narayana Health, Bengaluru, visited Thalassemia and Sickle Cell Society to review Thalassemia patients eligible for Bone Marrow Transplantation (BMT) on 20th Dec 2025.





Donations



Monthly Donors For December 2025

1	Murali K Siripurapu	13	Nagarkunta Naveen Kumar Reddy
2	Shrinath Rotopack Pvt Ltd	14	Shree Jewellers Eximp Pvt Ltd
3	Lohiya Edible Oils Pvt Ltd	15	Aim Asia
4	Hariom Pipe Industries Ltd	16	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	17	Helping Hand Foundation
6	Srikanth Gullapalli	18	Vasudha Pharma Chem Ltd
7	Kumar Enterprises	19	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	20	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	21	A S Iron & Steel India Pvt Ltd
10	Ch. Shashidar Reddy	22	PlasmaGen Bio Sciences
11	V Balveeraiah & Sons	23	Diagast
12	Sreyas Holistic Remedies Pvt Ltd	24	Intas Pharmaceuticals Pvt Ltd

NEWS & EVENTS

Shri Challa Sreenivasulu Setty, Chairman, State Bank of India, formally handed over an ambulance to TSCS on 19th Dec 2025 at HITEX, Hyderabad, to strengthen blood donation and patient support services.



Dr. Suman Jain successfully completed The TIF Renzo Galanello Fellowship Programme 2025 (1–12 December). We are proud to share reflections from this year's fellows who were hosted at the Joint Red Cell Unit, Haematology Department, University College London Hospitals (UCLH) NHS Foundation Trust, UK, under the leadership of Dr. Perla Eleftheriou, Consultant Haematologist.



Patient Advocacy Meeting at TSCS on 25th Dec 2025





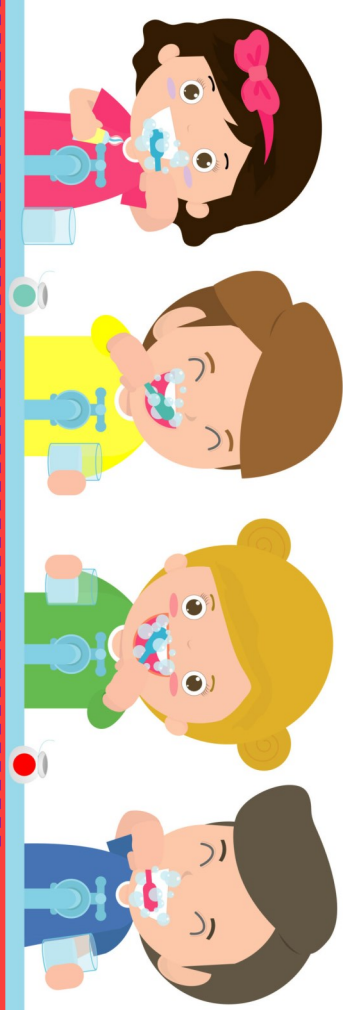
Asian Thalassemia Conclave 2026

The Asian Thalassemia Conclave 2026 is a key regional event dedicated to advancing knowledge, collaboration, and patient care in the field of Thalassemia and other hemoglobin disorders. Scheduled to be held on 10–11 January 2026, the conclave will bring together leading clinicians, scientists, policymakers, patient groups, and NGOs from across Asia.

The event will feature expert lectures, interactive panel discussions, scientific presentations, and sessions focused on the latest advancements in diagnosis, treatment, and prevention. Special emphasis will be placed on comprehensive care, blood transfusion services, iron chelation, antenatal screening, and emerging curative options such as Bone Marrow Transplant and Gene Therapy.

The conclave also aims to strengthen collaboration among organizations working for Thalassemia care, while providing a platform for patient advocacy groups to share their experiences and challenges. With participants from multiple countries, the Asian Thalassemia Conclave 2026 is expected to foster meaningful partnerships and inspire collective efforts to improve the quality of life for Thalassemia patients across the region.

This important gathering underscores the shared commitment toward a future where Thalassemia prevention and effective management become accessible to all



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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SCAN TO KNOW MORE

