Thalassemia and Sickle Cell Society

Awareness about Thalassemia

A journey of two thalassemia children

By Priyadarshini B & Dr. Padma G

Abdul Salaam is a thalassemia child born to Hala Ahmed, a worker in Gold shop and Syada Bee, a homemaker from Piduguralla of Palnadu district. His elder brother is a 20-year-old graduate pursuing B.Tech and is normal. Abdul Salam was also normal till the age of 3 months but soon started looking pale, stopped taking breast feed, became irritable crying whole night. The parents took him to a paediatrician in Pidugurala who examined him and suggested some medicines including multivitamins and iron syrups unaware of the condition the child is going to be diagnosed with. As the child did not recover even after one month, the parents went back to the doctor who suggested some investigations. The sample was sent to Mumbai for HPLC and the child turned out to be thalassemia major. The doctor advised to go for blood transfusions. The parents were confused as to what this disorder was and took him to NRI hospital, Mangalgiri where they met Vinay's parents.

Vinay is another child who was diagnosed with thalassemia at the age of 3 months. Initially he was given blood transfusions without proper diagnosis by the doctors at Piduguralla saying that his haemoglobin was low. It was only when they approached Guntur Private Hospital that they came to know from the paediatrician that their child was suffering with thalassemia, a genetic blood disorder which requires lifelong blood transfusions to sustain haemoglobin levels. The parents spent a lot of money for blood transfusions in private hospital and then got him admitted in NRI Hospital, Mangalgiri.

It was in NRI hospital, Mangalgiri that Abdul Salaam's and Vinay's parents met and soon became very close friends. They came to know about Thalassemia and Sickle Cell Society, Hyderabad where comprehensive treatment and management is given to thalassemia patients. They approached the society and were very happy with the facilities provided by them. They started bringing their children to the society for regular blood transfusions and are maintaining their haemoglobin levels very well as advised by the doctors. They come together for blood transfusions and help each other.

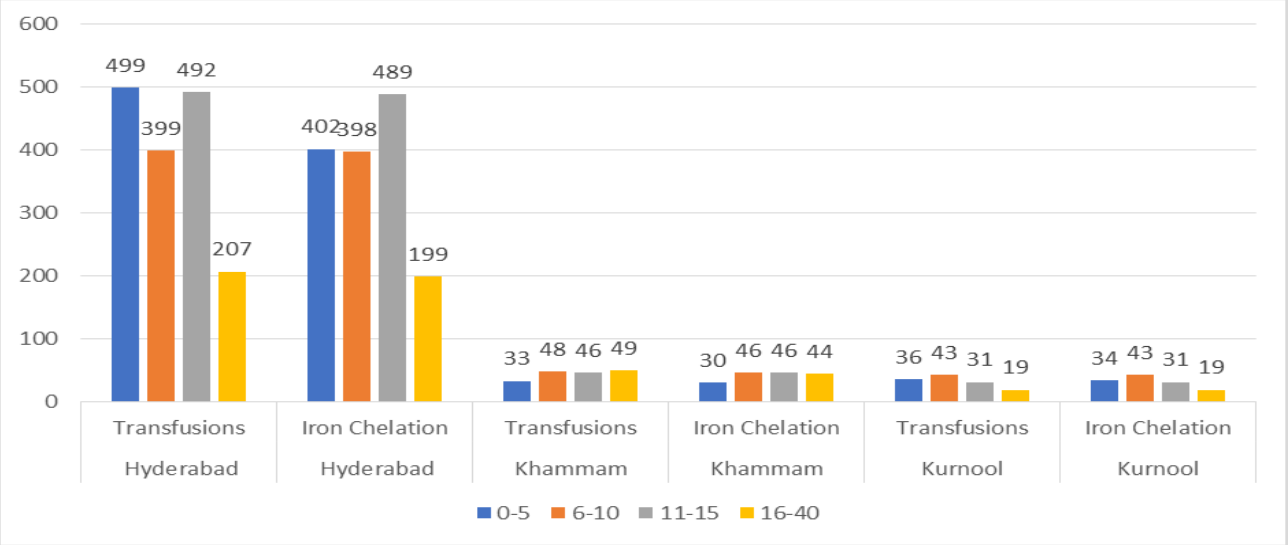
It was quite a tough journey for both the parents to accept the fact that their children are suffering with a rare genetic disorder which they have never heard of or seen anyone suffering with the disorder and taking blood transfusions. It was only when they approached the society that they came to know in-depth about the condition and that it is transmitted from parents to children if they both happen to be carriers. They were shocked to see that there are so many children suffering with this disorder. It is due to lack of awareness among the public about this disorder that its numbers increased, though it can be prevented by going for a simple blood test to detect carrier status.

Both Salaam and Vinay want to pursue engineering and become successful in life. They are very much indebted to the society and Aarogyasri under which they are given treatment and medicines at free of cost.

Thalassemia FREE Telangana

Donate blood and be the reason of smile to many faces.!

Transfusion Details



Total number of Blood Transfusions for the month of **April 2023** including all patients group were **1597 (Hyderabad), 176 (Khammam) and 129 (Kurnool)** & a total of **1746, 208 and 155** units of blood provided to patients in respective centres

HPLC at Society	CVS referred to CDFD	New registrations	Splenectomy
59	06	23 (18 @ Hyderabad, 2 Khammam & 03 @ Kurnool)	NIL

354 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (165) , Balanagar PHC (25) and Rajapur PHC (13) and other PHCs(151) of which 03 were found to be Thal carriers, 02 AS, 02 HbD, 02 HbE, 01 DT and 02 HbE carriers out of one husband is positive.

BLOOD BANK

S.No	Particulars	Units
1	Sensitization Programmers Organized	25
2	Total No of Blood Donation Camps	22
3	Blood Units Collection at Camps	1694
4	Blood Collection Camps and In-house	1926
5	Discard Bags	35
6	Thalassemic & General Free Issues	1771

Donations

Monthly Donors For November 2022			
1	Murali K Siripurapu	14	Giving Foundation
2	Shrinath Rotopack Pvt Ltd	15	Sri Mahalaxmi Jewellers
3	Manna Trust	16	Aim Asia
4	Prasanth	17	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	18	Blend Colours Pvt Ltd
6	Srikanth Gullapalli	19	SPP Poly Pack Pvt Ltd
7	Prof. V. R. Rao	20	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	21	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	22	A S Iron & Steel
10	Ch. Shashidar Reddy	23	Rajesh Jain
11	V Balveeraiah & Sons	24	Sudha Prasanth
12	Sreyas Holistic Remedies Pvt Ltd	25	Maqubool Ahmed
13	Hariom Pipe Industries Ltd		

NEWS & EVENTS

Blood donation camp on 1st May 2023

Joydeb Routh, Philanthropist cycling across India for blood donation awareness visits Hyderabad Thalassemia Sickle Cell Society

Women's Day Celebrations

Mother's Day Celebrations

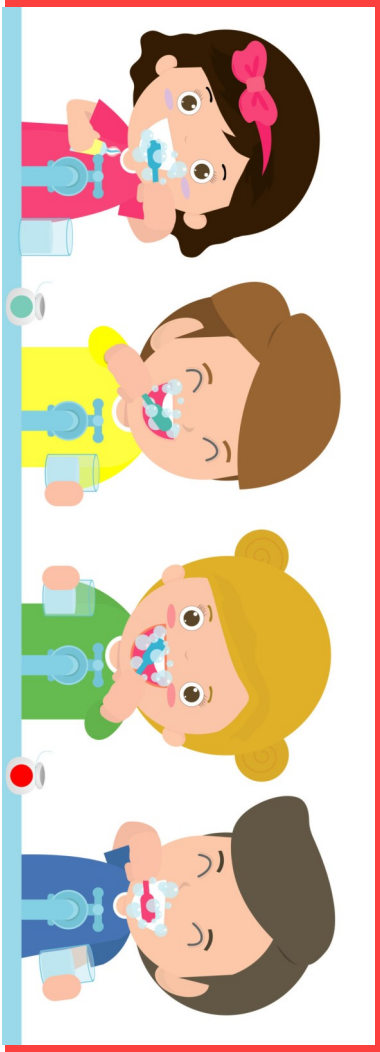
Nurses Day Celebrations

World Thalassemia Day: TSCS, Indian Academy of Paediatrics (Twin Cities)organised 'Walk for a Cause' at Necklace Road

Healthy Eating Habits in Children

By Rishitha, Project Assistant TSCS

As the saying goes "Eat breakfast like a king, lunch like a prince, and dinner like a pauper", it is very important to develop heathy eating habits to maintain overall growth of the body. Children should be encouraged to eat a healthy diet rich in carbohydrates, proteins, fats vitamins and minerals. The following habits should be inculcated in children to lead a healthy life.



- Load your plate with vegetables.
- Eat a balanced breakfast.
- Don't starve yourself.
- Ask questions when you eat out.
- Have a plan when you hit the grocery store.
- Cut down on processed foods.
- Limit your sodium and sugar.
- Don't just count calories.

Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961

THALASSEMIA AND SICKLE CELL SOCIETY

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