



Thalassemia and Sickle Cell Society

"Life: Full of challenge"

By Sumaira Fatima, Thalassemia warrior

Life is a beautiful paradox, it is a harmonious blend of joy and sorrow, triumph and defeat, comfort and hardship. It is a journey that is not always easy, surrounded with problems and challenges that test our mettle and resilience. Yet, it is in facing these challenges with courage and fortitude that we discover the true beauty of life.

There is no individual, no matter how strong, powerful, wise or affluent who has been spared from the trials and tribulations of life.

I Sumaira Fatima would like to narrate my life as a thalassemia patient. I was diagnosed as a thalassemia patient just when I was six months old. At the age of 4 months I was very anaemic and was advised by the doctors to go for blood transfusion. My paternal uncle donated blood for me. Again, within a span of 10 to 15 days my haemoglobin levels dropped down. My late grandfather left no stone unturned, took me to almost all the hospitals, I underwent a lot of tests but all in vain. At last I was referred to (TSCS) where late Dr. Krishna Kumari madam diagnosed me as a Thalassemia patient.

Now I am 23 years old and have received around 400 transfusions. Life was not merely a bed of roses for me. Despite numerous transfusions and hospital visits, I stayed determined not to let thalassemia dictate my life, all because of the strong support from my lovable family and Team, TSCS. I have no words to pen down the struggle, efforts of my parents especially my late grandfather who had to fight a highly emotional battle to bring me up.

By God's grace, support of my dearest family, I have been able to pursue my education and now I am a post graduate M.com - Computers and wish to become a great person in life.

My journey to TSCS started growing along with my age. I had to visit TSCS every month for blood transfusions. I take this opportunity to thank the entire team of TSCS who have been a driving force in my life to let go all the complications associated with the disorder and face life with a positive sense. Thalassemia no doubt has put forth a number of challenges in my life but with high spirit and determination, I have learned to face each day with a smile fostering a sense of responsibility, self-dependent and self-care from my childhood.

If there is a message, I have to share with all, it's that, "Life with thalassemia can be fruitful and beautiful if we learn to face challenges with determination". Let's stay healthy, educated, aware and inspire all. My experiences of life remind me that it's those black clouds that make the blue skies even more beautiful.

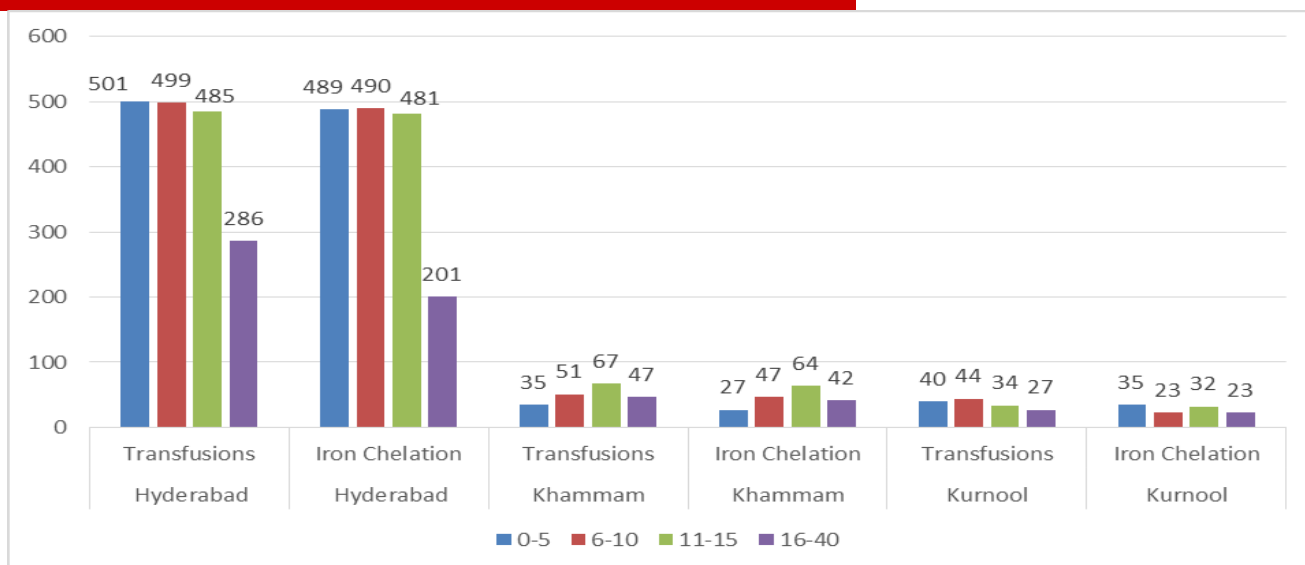
Remember, Life is a gift of God, let's embrace it.



Awareness about Thalassemia



Transfusion Details



Total number of Blood Transfusions for the month of **July 2023** including all patients group were **1771 (Hyderabad)**, **200 (Khammam)** and **145 (Kurnool)** & a total of **1921, 240 and 163** units of blood provided to patients in respective centres

HPLC at Society	CVS referred to CDFD	New registrations	Splenectomy
618	03	28 (22 @ Hyderabad, 03 @ Khammam & 03 @ Kurnool)	01

467 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (196) , Mahabubnagar PHCs(271) of which 03 were found to be Thal carriers, 02 AS and 01 HbD carriers out of all husbands are normal.

BLOOD BANK

S.No	Particulars	Units
1	Sensitization Programmers Organized	42
2	Total No of Blood Donation Camps	36
3	Blood Collection Camps and In-house	2231
4	Discard Bags	40
5	Thalassemic & General Free Issues	1964
6	30% Govt. Hospital Free Issues	205

Donations



Monthly Donors For November 2022

1	Murali K Siripurapu	14	Giving Foundation
2	Shrinath Rotopack Pvt Ltd	15	Sri Mahalaxmi Jewellers
3	Manna Trust	16	Aim Asia
4	Prasanth	17	Sri Nava Durga Billets Pvt Ltd
5	Supreme Agencies	18	Blend Colours Pvt Ltd
6	Srikanth Gullapalli	19	SPP Poly Pack Pvt Ltd
7	Prof. V. R. Rao	20	Sri Krishna Jewellery Mart
8	Deccan Switch Gears	21	Smt Banarsai Bai
9	Dr. C. Anupama Reddy	22	A S Iron & Steel
10	Ch. Shashidar Reddy	23	Rajesh Jain
11	V Balveeraiah & Sons	24	Sudha Prasanth
12	Sreyas Holistic Remedies Pvt Ltd	25	Maqubool Ahmed
13	Hariom Pipe Industries Ltd	26	Dilipe

NEWS & EVENTS

Doctors' Day celebrations on 02nd July 2023



Blood donation camp on 26th July 2023



Awareness meeting for antenatal women along with Medical Officers and Asha workers in both Edira PHC and Mothinagar UPHC, Mahabubnagar



Conjunctivitis

By Dr G Padma, Research Scientist, TSCS

Conjunctivitis, often referred to as “Pink eye”, is the swelling or inflammation of the conjunctiva, the thin, transparent layer of tissue that lines the inner surface of the eyelid and covers the white part of the eye.

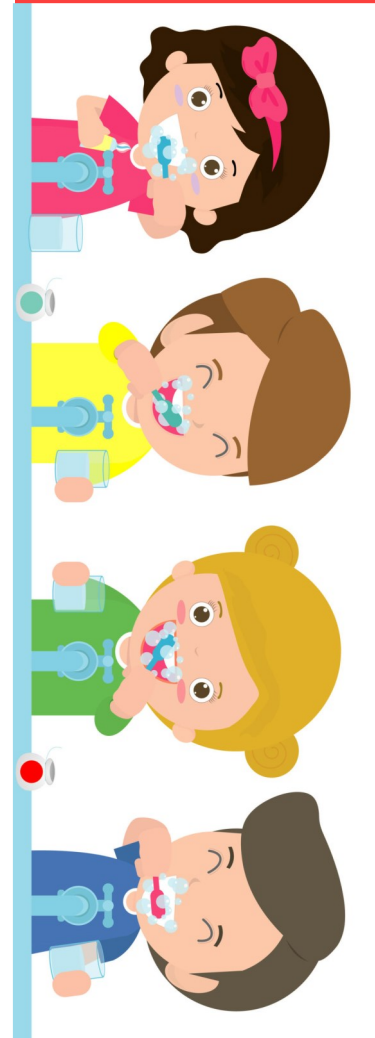
Pink eye is common, and some types of pink eye spread very easily. It can be prevented from spreading by washing hands often and not sharing items like pillowcases, towels, or makeup.

The most common symptoms of pink eye include

- Pink or red eyes
- Itchy or burning eyes
- Watery eyes
- White, yellow, or green fluid (discharge) coming from eyes
- Crust along eyelids or eyelashes, which may keep eyes from opening when one wake's up



Pink eye often gets better on its own after 7 to 10 days. But sometimes, one may need treatment from a doctor.



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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