



Thalassaemia and Sickle Cell Society

Blame the Consanguinity or Lack of Awareness!?



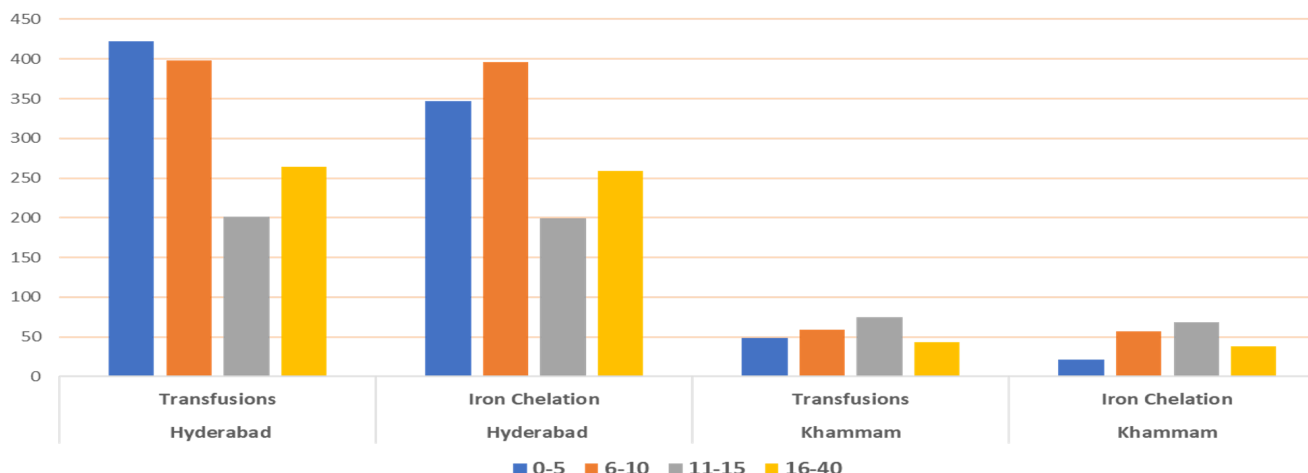
R. Sanjay and R. Akshaya are children to auto driver Anjaneyulu and Saritha, a private school teacher. Their consanguineous marriage resulted in thalassaemic children. Their elder son Sanjay born on 3rd February 2008 at a private hospital was poor feeder and had weak stature having little physical strength or energy. Father started taking little interest in child's health and started finding faults with mother. Meanwhile the child caught pneumonia and was admitted to MGM Hanumakonda, where their investigations showed 7 gm % HB. However, here were no more investigations carried and child was sent back home without any confirmation. Low HB persisted along with fever for many days. It was then when they were referred to Nilofer hospital by an RMP at Janagon.

After a month and 6 transfusions, the child was confirmed to be thalassaemic. By then, the mother was already carrying her 2nd child and was born thalassaemia major. Father started finding faults with mother and the family started to fall apart. It was then the mother met Dr. Rajeswar, treasurer of the society who understands the situation well as he too has a thalassaemic daughter. He took the initiative to visit the suffering family at their village residence to make the family understand the situation. Though the father wasn't interested, the mother felt thankful for all the help being offered for her children and got them registered in TSCS society.



The younger child, Akshaya, got HLA matching to her mother and BMT can be performed. Raising up from physical and mental abuse from her husband, the mother is standing tall to help her child get a better life.

Transfusion Details



Total number of Blood Transfusions for the month of **March 2022** including all patients group were **1755** & a total of **1285** units blood provided were provided to patients.

HPLC at Society	CVS referred to CDFD	New registrations	Splenectomy
156	09	24 (04 @ Khammam)	1

S. No.	Particulars	Units
1	Sensitization Programmers Organized	40
2	Total No of Blood Donation Camps	36
3	Opening Stock	125
4	Bag Collection	2222
5	Camp	1945
6	Blood Bank	277
7	Discard Bags	40
8	Closing Stock	597
9	Thalassemic & General Free Issues (Khammam 150 Units)	1649
10	General Paid Issues	61
11	FPP to Ichor	1440

Donations



Monthly Donors For March 2022

1	Murali K Siripurapu	16	Sri Nava Durga Billets Pvt Ltd
2	Shrinath Rotopack Pvt Ltd	17	Blend Colours Pvt Ltd
3	Manna Trust	18	SPP Poly Pack Pvt Ltd
4	Prasanth	19	Sri Krishna Jewellery Mart
5	Supreme Agencies	20	Global Steels
6	Srikanth Gullapalli	21	Smt Banarsai Bai
7	Prof. V. R. Rao	22	Amir Ali Dharani
8	Deccan Switch Gears	23	Kumar Enterprises
9	Dr. C. Anupama Reddy	24	A S Iron & Steel
10	Ch. Shashidar Reddy	25	Sajjan Gandhi
11	V Balveeraiah & Sons	26	Bharat Bhushan Agarwal
12	Sreyas Holistic Remedies Pvt Ltd	27	Anjum Hudda
13	Hariom Pipe Industries Ltd	28	Sekhament Tech Pvt Ltd
14	Sunkari Shyam Sunder	29	Dr Sitaram Mantri Pragada
15	Aim Asia		

Awareness talk by Mrs Ratnavali, Vice President, TSCS at Hotel Lemon Tree, Hyderabad



How to Be at Peace

By Dr. Sudheer Aluru,
Consulting Scientist, TSCS

We know that you're tired from experiencing office work, traffic jams, overtime, and many other stressors. Life is always tiresome for most people, especially when you've become an adult who starts to pay your bills. And so you won't lose yourself, you need to keep your mind and mood at peace. Luckily there are plenty of ways to do that.

Try journaling and write your feelings and your thoughts down. This exercise gives you time to express your frustrations and achievements while keeping track of your life. Next, play with your pets at home if you have one. They are good company and can add peace and happiness to your life.

And lastly, don't pressure yourself in your relationships and with your work. For our final thoughts, just be gentle with yourself and slow down. Keep yourself from any negative thoughts all the time and indulge in your cravings sometimes, too.



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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