# Thalassemia and Sickle Cell Society

# TSCS

# Yet another Thalassemia Child due to lack of Awareness

By Priyadarshini B and Dr. Padma G

Aakruthi is a 11year old girl born to Nagaraju, a Post Graduate (M.Sc, B.Ed) and Rajini, a



Graduate (B.Sc). They are from Khammam and got married in relation (Consangineous marriage) not aware of being a carrier for thalassemia and the risk (one-fourth) of bearing a thalassemia child at every pregnancy. Both lead a happy married life and gave birth to a premature baby, Aakruthi. Aakruthi soon became normal and her parents were overwhelmed with joy but their happiness did not last long as Aakruthi started falling ill soon after her fifth month. They got her treated with several paediatricians but no one could diagnose her condition properly adding to their worries. It was then that they heard about doctor, B Venkateshwarulu in Khammam through their friend and approached him. The doctor got done all the investigations and diagnosed her to be suffering with thalassemia. He referred them to Dr Ramana Dandamudi, a haematologist in Hyderabad who sent them to Thalassemia and Sickle Cell Society. They got registered with the society and started taking regular transfusions and maintaining haemoglobin levels as advised by the doctors. It is quite unfortunate to know that Akruthi's cousin sahiti (maternal uncle' s daughter) is also affected with thalassemia but due to

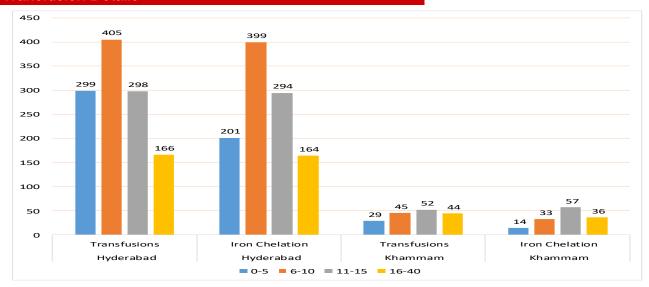
lack of awareness she was diagnosed late and Akruthi's parents were ignorant about HbA2 test for diagnosing thalassemia carrier during pregnancy which lead to the birth of yet another thalassemia child in their family. Akruthi's parents went for prenatal diagnosis during their second conception as counselled by the doctors at TSCS and are blessed with a normal girl.

Aakruthi is a very talented and intelligent child. She is a very good dancer and artist. Her parents are willing to get her cured through Bone Marrow transplantation as Sahiti underwent BMT and is now leading a transfusion free life. May GOD fulfil her parents wish and may Akruthi have a bright future and lead a happy normal life free from transfusions.





### **Transfusion Details**



Total number of Blood Transfusions for the month of **July 2022** including all patients group were **1168** & a total of **1465** units blood provided to patients.

<b>HPLC at Society</b>	CVS referred to CDFD	New registrations	Splenectomy
329	03	21 (01 @ Khammam )	01

160 Antenatal women were screened for Thalassemia and Sickle cell anemia carrier status from Government Maternity Hospital, Petlaburj (105), Balanagar PHC (41) and Rajapur PHC (23) of which 02 were found to be Thalassemia and Sickle Cell Anemia carriers but husbands are normal.

## **BLOOD BANK**

S.No	Particulars	
1	Sensitization Programmers Organized	32
2	Total No of Blood Donation Camps	25
3	Blood Units Collection	1888
4	Blood Collection in Camps	1603
5	In-house Blood Collection	285
6	Thalassemic & General Free Issues	1470

# **Donations**

Mo	Monthly Donors For July 2022				
1	Murali K Siripurapu	17	Sri Nava Durga Billets Pvt Ltd		
2	Shrinath Rotopack Pvt Ltd	18	Blend Colours Pvt Ltd		
3	Manna Trust	19	SPP Poly Pack Pvt Ltd		
4	Prasanth	20	Sri Krishna Jewellery Mart		
5	Supreme Agencies	21	Smt Banarsai Bai		
6	Srikanth Gullapalli	22	Hassan Budhwani		
7	Prof. V. R. Rao	23	A S Iron & Steel		
8	Deccan Switch Gears	24	Devineni Dhana Laxmi		
9	Dr. C. Anupama Reddy	25	Hyderali Hajiyani		
10	Ch. Shashidar Reddy	26	Dilshad Hyderali		
11	V Balveeraiah & Sons	27	Life Line Foundation Trust		
12	Sreyas Holistic Remedies Pvt Ltd	28	Amir Ali Dharani		
13	Hariom Pipe Industries Ltd	29	Azeem Hajayani		
14	Sri Mahalaxmi Jewellers	30	Shahenaj Hajayani		
15	Aim Asia	31	Dr Anupama Srikanth Alluri		
16	Sravni C/o Karthik	32	Suryavathi		

14th July 2022—Shri M Venkaiah Naidu Garu, HVPI Visit to Society

# THE HINDU

# IN BRIEF





HYDERABAD
Vice-President M. Venkaiah
Naidu on Thursday
inaugurated a blood
transfusion centre, research
laboratory, two auditoriums,
and a diagnostic centre at
Thalassaemia and Sickle Cell
Society (TSCS), Shivarampally
here.









### PERSONAL HYGIENE FOR CHILDREN

All of us like to laze around on weekends and some even skip baths on one of the days.

We'd prefer staying in bed all day lying with our laptops on our bellies. But that doesn't beat the refreshing feeling of a hot shower and fresh, clean clothes. Taking a bath, which is one of the ways to maintain good hygiene, makes us feel good and keeps us healthy and happy.

Every child needs to keep themselves clean to remain healthy, to feel good about themselves and to avoid falling sick. Good personal hygiene will help boost their self-esteem and confidence by dealing with problems like bad breath or body odour. These good personal hygiene habits will become even more important as they grow older and approach puberty.



So, take a look at some of the good personal hygiene habits and see to that they follow them up

- washing hands frequently.
- covering their mouth when they cough.
- having regular baths or showers.
- brushing and flossing teeth.
- trimming their nails regularly
- keeping the surroundings clean etc.,

Thus, personal Hygiene is very much important for maintaining both physical and dental health.



# Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



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