



● OCTOBER 2021

Thalassemia & Sickle Cell Society

report

“ Live a full life. Don't let thalassemia limit what you think you can accomplish”



Hari Krishna

Hari Krishna was diagnosed with thalassemia at 10 months of age, when his parents sought medical attention because their lively, happy baby experienced a drop in energy level and looked pale. His parents were shocked by the diagnosis, and initially thought the doctors made a mistake. They couldn't understand how their son ended up with thalassemia, a genetic blood disorder they never heard of or even knew with this disorder in their extended family members.

Hari Krishna has a very supportive family and were ready to do anything for the sake of their child. Many times owing to illness, he was admitted to the hospital after developing complications, his parents and grandparents stood by him as a pillar.

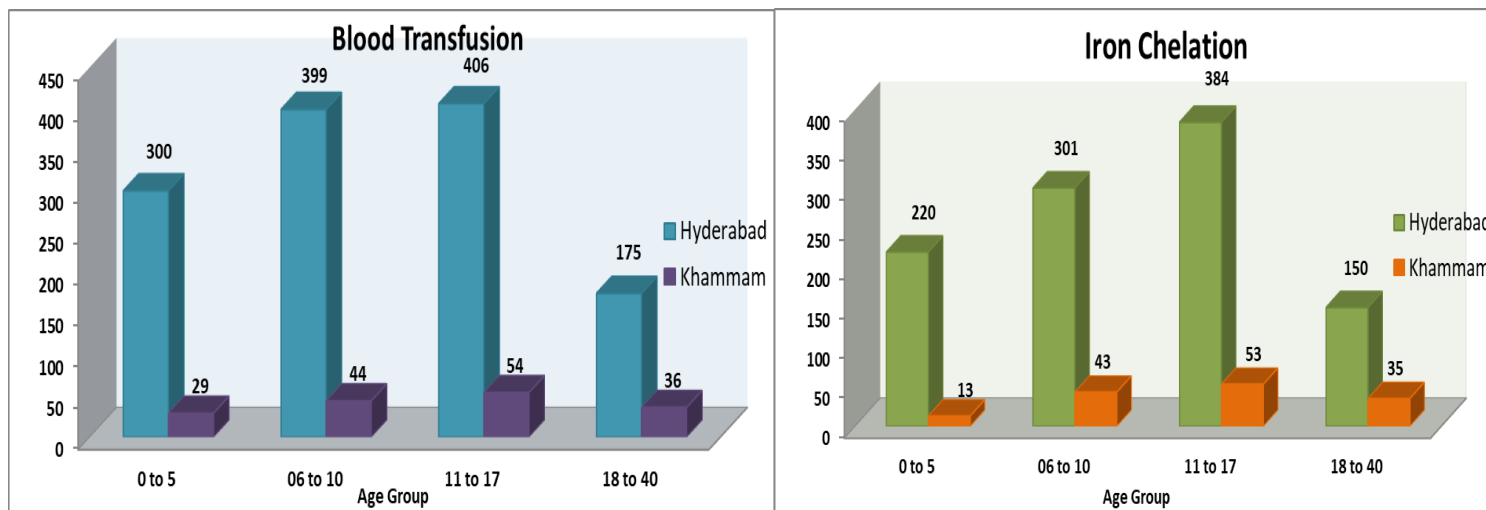
Hari Krishna has a severe form of anemia that would require red blood cell transfusions every 3 to 4 weeks throughout his life. They were directed to TSCS since treating Thalassemia outside requires huge amount for blood transfusion and Iron chelation medications. With this understanding, Hari Krishna's parents came to the society for the treatment for his son. Parents could make out the compassion and dedication in which TSCS provides care and concern in providing the health care to the thalassemia kids.

We always think thalassemia would limit patients, and we put a boundary to our imaginations, however life can be as full and rewarding despite thalassemia. Here is one very important tip for others living with thalassemia:

Live a full life. Don't let thalassemia limit what you think you can accomplish, either in your career or in your personal life.



Transfusion Details



Total number of patients for the month of **October 2021** including all patients group were **1274** some patients were given 2 units of blood, the total units provided where **1729** this include **154** units provided in **Khammam**.

HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
269	Nil	17 (8 – Khammam)	Nil

MONTHLY DONORS FOR OCTOBER 2021

1	Murali K Siripurapu	18	Blend Colours Pvt Ltd
2	Shrinath Rotopack Pvt Ltd	19	SPP Poly Pack Pvt Ltd
3	Manna Trust	20	Sri Krishna Jewellery Mart
4	Prasanth	21	Global Steels
5	Supreme Agencies	22	Smt Banarsai Bai
6	Srikanth Gullapalli	23	Amir Ali Dharani
7	Prof. V. R. Rao	24	Chandrakant Agarwal
8	Deccan Switch Gears	25	Rajinikanth Agarwal
9	Dr. C. Anupama Reddy	26	A S Iron & Steel
10	Ch. Shashidar Reddy	27	Naresh Rathi
11	V Balveeraiah & Sons	28	Bharat Bhushan Agarwal
12	Sreyas Holistic Remedies Pvt Ltd	29	Anjum Hudda
13	Hariom Pipe Industries Ltd	30	Ramesh Ellanti
14	Sunkari Shyam Sunder	31	K Srinivas Rao
15	Aim Asia	32	Dr Sahitya Koneru
16	Sri Nava Durga Billets Pvt Ltd	33	Debabrata Saharay
17	Ruthwik & Kushal	34	Ashoka Beera

Viral Fever

When a viral infection is triggered and caused by seasonal changes and environmental infection, during the monsoon season, it gives birth to viral fever. Viral fever is the spike in your body's standard temperature accompanied by flu and cold. And though viral fever cannot be characterized as a disease, it is the result of viral infection. A lot of times, viral fever is left undiagnosed and overlooked, until of course, it develops into something severe and annoying.

Viral Fever: Know the Symptoms Early

People developing viral fever might suffer from:

- | | | |
|-------------------------------|-------------|---------------------------------------|
| ♦ Both joint and muscle aches | Headache | Fatigue |
| ♦ Sore throat | Runny nose | Temperature soaring up to 104 degrees |
| ♦ Face swelling | Dehydration | Frequent chills |
| ♦ Redness of eyes | Skin rashes | Appetite loss |

And though all of these viral fever symptoms disappear in about 3-4 days, people should always talk to their medical provider if the symptoms persist or if it worsens.

What Causes Viral Fever?

When the immune system of your body fights back with the foreign pathogens, you get a fever. The immune system of your body gets the urge to fight back, certain harmful pathogens like viruses and bacteria make their way into your body. The body's temperature soars high when this behavior triggers the same. But the main causes of viral fever are:

1. Air Droplets Inhalation

The air droplets of an infected person either coughing or sneezing near you

2. Food Products Ingestion

Consumption of contaminated food items.

3. Mosquito Bites

Monsoon is the time when the mosquitoes breed and multiply, resulting in an outbreak of malaria and dengue.

The illnesses borne out of mosquito bites are also instances of viral fever.



Thalassaemia & Sickle Cell Society

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Particulars	Units
SENSITISATION PROGRAMMES ORGANISED	23
BLOOD DONATION CAMPS	18
OPENING STOCK	74
COLLECTED UNITS OF BLOOD	2601
UNITS PROVIDED TO THALASSEMIA + GENERAL FREE ISSUES (<i>Khammam 300 Units</i>)	2064