

● NOVEMBER 2020

Thalassemia and Sick Cell Society

report

“ Living out of Fear and Dilemma ”



Faizan Raza

Faizan Raza a 19 years old boy from Vishakhapatnam, Andhra Pradesh, who's father is a cab driver and mother a home maker. Faizan was diagnosed with Thalassemia Major when he was merely 4-6 months old. The parents felt a hard mass on the left side of the abdomen and took him to the Paediatrician. On examination & further investigation at Vishakha Medical Center, Faizan was diagnosed Thalassemia major, his treatment began at government hospital initially and later shifted to a private hospital for the next 15 years. The medical expenses were high as he needed two transfusions per month at the cost of 3-4 thousand per transfusion.

Faizan started attending school at the age of 5 years but was not regular due to frequent transfusions and poor health. As a family they went through many difficult times, their dream of well settled happy family came crashing down, but they have not given up

against the situation in fact they choose to fight back all odds.

Parents were suggested for Bone Marrow transplant. Which could cost 50 lakhs and were advised to go for one more child who can be a Bone Marrow donor but the family refused as they could not afford the cost of the surgery.

The parent's only purpose is to serve their child and see him live happily. Why me? Is the frequent question that keeps surfacing in Faizan's mind, but when in 2015, a friend introduced them to Thalassemia and Sick Cell Society most of his fear & questions got addressed, for it was not him alone, there were many unfortunate kids like him struggling with a similar dilemma in life.

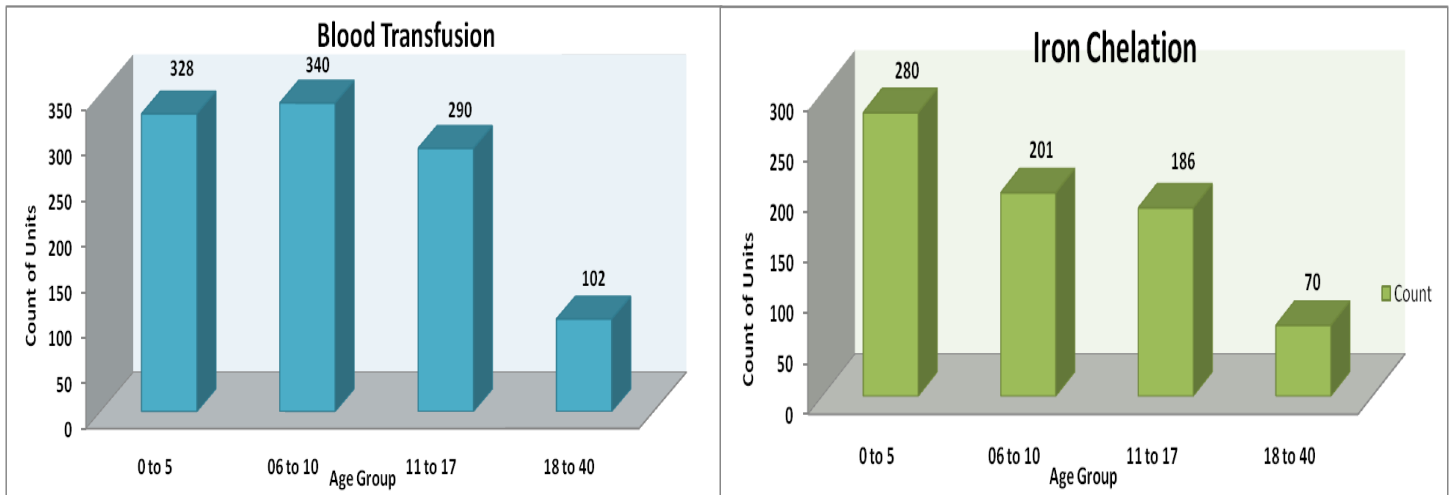
Parents feel extremely blessed, happy and grateful towards the service the society provides to all the patients at TSCS. Their financial burden is lightened. The family now spread the awareness about Thalassemia as much as possible.

At TSCS Faizan no longer feels lonely and isolated but has become stronger to fight the battle with much courage by seeing other children around. He enjoys company of the staff and children at TSCS.

Faizan is pursuing his 10th Std and plans to make his career in Computer application and work as Computer Programmer in a suitable company.



Transfusion Details



Total number of patients for the month of **November 2020** including all patients group were **1060** some patients were given 2 units of blood, the total units provided where **1178**.

| HPLC at Society Couples/siblings | CVS referred to CDFD | New registrations | Splenectomy |
|----------------------------------|----------------------|-------------------|-------------|
| 21 | 3 | 11 | Nil |

MONTHLY DONORS FOR NOVEMBER 2020

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COVID-19 PARENTING When Children Misbehave...

All children misbehave. It is normal when children are tired, hungry, afraid, or learning independence. And they can drive us crazy when stuck at home.

Redirect.

- > Catch difficult behavior early and redirect your kids' attention from a negative to a good behavior.
- > Stop it before it starts! When they start to get restless, you can distract with something interesting or fun: "Come, let's play a game together."

Take a Pause.

- < Feel like screaming?
Give yourself a 10-second pause.
Breathe in and out slowly five times.
Then try to respond in a calmer way.
- < Millions of parents say this helps - A LOT.

Use consequences.

- Consequences help teach our children responsibility for what they do. They also allow discipline that is controlled. This is more effective than hitting or shouting.
- > Give your child a choice to follow your instruction before giving them the consequence.
- > Try to stay calm when giving the consequence.
- > Make sure you can follow through with the consequence. For example, taking away a teenager's phone for a week is hard to enforce. Taking it away for one hour is more realistic.
- > Once the consequence is over, give your child a chance to do something good, and praise

Keep using Tips 1-3

- > One-on-One time, praise for being good, and consistent routines will reduce difficult behaviour.
- > Give your children and teens simple jobs with responsibilities. Just make sure it is something they are able to do. And praise them when they do it!



Thalassaemia and Sickle Cell Society

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| Particulars | Units |
|---|-------|
| SENSITISATION PROGRAMMES ORGANISED | 15 |
| BLOOD DONATION CAMPS | 10 |
| COLLECTED UNITS OF BLOOD | 678 |
| CLOSING STOCK | 204 |
| UNITS PROVIDED TO THALASSEMIA + GENERAL FREE ISSUES | 1210 |
| GENERAL PAID ISSUES | 86 |
| FFP ISSUES | 1420 |