

● MAY 2020

Thalassemia & Sickle Cell Society *report*

“ If your child gets a proper treatment
he will have a wonderful life and fu-



Ishita

This is a story of a kid Ishita who is 7 years old, with no idea what is going around her life. All that she knows that in every 15-20 days she will have to go through a painful prick and then 3 hours of transfusion. This is one reality that Ishita has known at a very early age, unaware of the situation and why is this happening to her.

Ishita was diagnosed Thalassemia when she was 10 months, as doctors understood with the symptoms and later parents had to take the test to confirm if they were carriers.

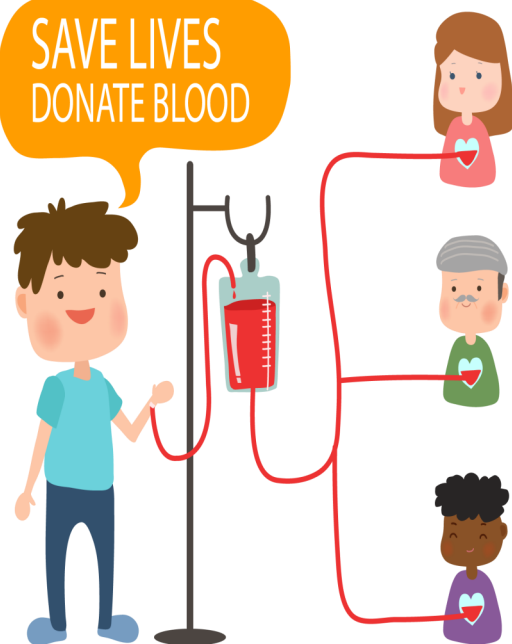
It was hard for parents to understand about thalassemia as their's been a non-relation marriage. Ishita's father Nilesh works for CISF as a constable, which is a transferable job. They took their child to various doctors and many tests, during their struggle to give the best for their child they came to know about TSCS through a doctor in Apollo. Since then they are coming to TSCS.

It pains their heart and weakens their emotion to know few hard realities of life that is far beyond human understanding that thalassemia kid undergo. Blood is a vital need for the kids let us all do our part. "Donate Blood" We want to tell all the people that blood donation will not infect them with Covid19 as all the precautions are taken care.

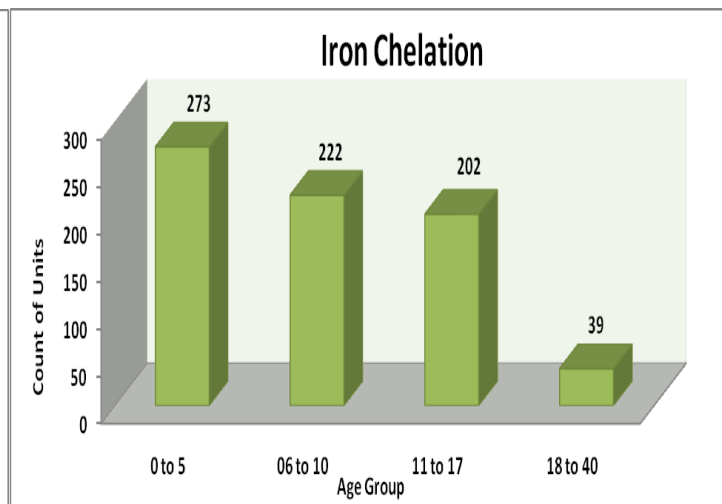
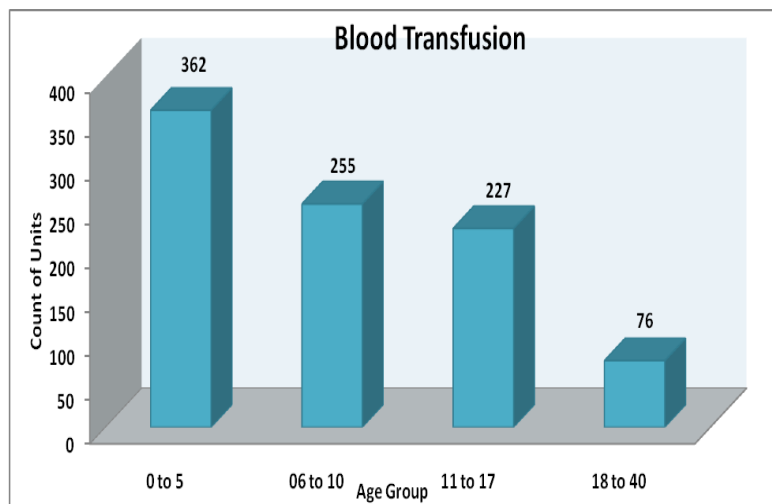
"Earlier, we used to get around 25-30 thalassemia patients for blood transfusion on an average and this has not reduced by much at all. We still get 25 patients. It is a matter of life and death, so TSCS works as hard as we can and ensure that we have enough blood for our patients, no matter what



SAVE LIVES
DONATE BLOOD



Transfusion Details



Total number of patients for the month of **May 2020** including all patients group were **920** some patients were given 2 units of blood, the total units provided where **1109**.

HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
Nil	Nil	2	NIL

MONTHLY DONORS FOR MAY 2020

1	SRIKANTH GULLAPALLI	7	HARI OM PIPE INDUSTRIES LTD
2	MUNNA TRUST	8	AIMS ASIA
3	SUPREME AGENCIES	9	A S IRON & STEEL
4	J N M RAO	10	AMIR ALI DHARANI
5	DR C ANUPAMA REDDY	11	AMBIKA IRON & STEEL
6	MR C SHASHIDER REDDY		

Emotional Wellness

Emotional wellness inspires self-care, relaxation, stress reduction and the development of inner strength. It is important to be attentive to both positive and negative feelings and be able to understand how to handle these emotions. Emotional wellness also includes the ability to learn and grow from experiences. Emotional well-being encourages autonomy and proper decision making skills. It is an important part of overall wellness.

Why is Emotional Wellness Important?

Emotional wellness allows you to accept how you are feeling. Once you accept your feelings, you can begin to understand why you are feeling that way, and decide how you would like to act in response to those feelings. Being emotionally well grants you the power to express feelings without any constraints. In turn, you will be able to enjoy emotional expression and be capable of forming supportive and interdependent relationships with others.

Particulars	Units
Sensitisation programmes organised	23
Blood donation camps	20
Collected units of blood	974
Units Provided to Thalassemia + General Fee Issues	1109
GENERAL PAID ISSUES	115
FFP ISSUES	1016



Thalassemia & Sickle Cell Society

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