

● JUNE 2020

Thalassemia & Sickle Cell Society

Promoting life with Quality

report

“It was hard to believe .”



Mahesh

Life was great and happening for Srinivas and Alvali with their daughter Swapna, and soon to complete the family came a baby boy Mahesh born on 4th Aug, 2008. All was well and fine with the family though there were ups and down with the health situation of Mahesh. One fine day when Mahesh was 5 months old he had a severe fever and vomiting, this continued for days and when a thorough diagnosis was done he was found to be Thalassemia infected.

It was hard to believe for the parents to learn about such a disease called Thalassemia, a disorder that comes from the parent's genes, something that has no cure and survival is only possible if he receives blood each month and regular intake of medicines. This was too much for

the parents to take as Srinivas is a daily wage mason and his wife Alvali works as a laborer. To their surprise

Mahesh is the only affected kid out of 15 grand children to their parents both from maternal and paternal side. In their own logical thinking and superstition followed in their village, some thought it is a result of an occult.

The reality still remains that Mahesh has to go through Blood transfusion each month. He started coming to TSCS since 9th June, 2009, the whole family finds it very comfortable and affordable to give their son a quality treatment including free blood and free transfusion facility. They know that they are not alone they have many like them in this society.

Mahesh is 12 years old now very active and smart, with 109 transfusions till date. Parents have taken good care by providing all medication need time to time. Parents have now learned from their experience and counseling from doctors and nurses how to manage and care for their child.

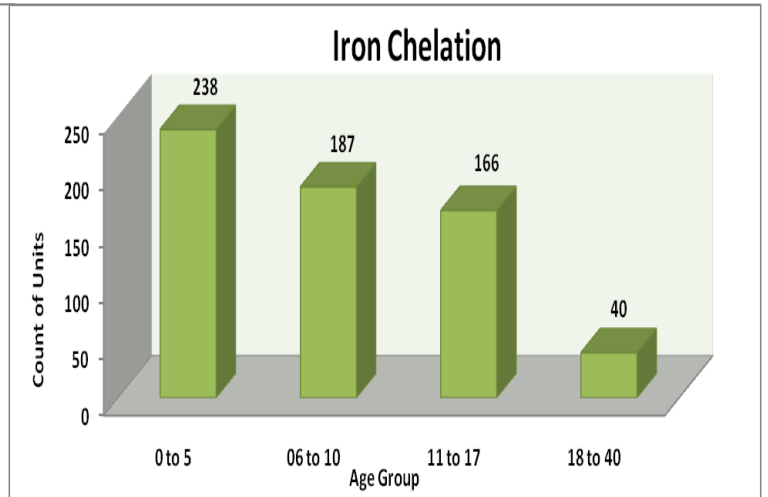
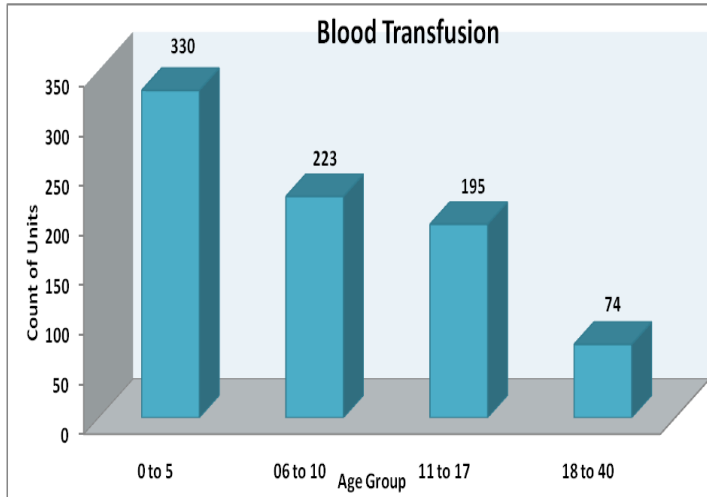
In TSCS you can talk with people about the challenges of having thalassemia, people who are willing to give you best advice, and people who can support you. Engage these people in your journey, because it will help you feel supported.



The Joy of being Together



Transfusion Details



Total number of patients for the month of **JUNE 2020** including all patients group were **822** some patients were given 2 units of blood, the total units provided where **998**.

HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
19	NIL	4	NIL

MONTHLY DONORS FOR JUNE 2020

1	MURALI K SIRIPURAPU	11	PRASANTHA
2	GIVE FOUNDATION	12	HARIOM PIPE INDUSTRIES LTD
3	SRI KRISHNA JEWELLARY MART	13	SPP POLY PACK PVT LTD
4	SRIKANTH GULLAPALLI	14	SHRINATH ROTO PACK
5	DECCAN SWITCH GEARS	15	SMT BANARSAI BAI
6	MUNNA TRUST	16	AMIR ALI DHARANI
7	SUPREME AGENCIES	17	CHANDRAKANT AGARWAL
8	MR C SHASHIDER REDDY	18	RAJINIKANTH AGARWAL
9	DR C ANUPAMA REDDY	19	A S IRON & STEEL
10	PARAG H SHAH	20	AIMS ASIA

TIPS TO IMPROVE YOUR CHILD'S MENTAL HEALTH & EMOTIONAL WELL-BEING

1. Teach your kids the “language of feelings”.

One of the most important things you can teach your children is to recognize what they are feeling and to express their feelings in words. Help your children grow by teaching the many words for different emotions, and using examples when those feelings arise in themselves and others.

2. Learn to put yourself in your child’s shoes.

Pause and really listen to your child before offering advice or getting angry. This helps your child trust you and listen more openly to the advice you decide to give. When children are upset, be careful to understand their point of view and validate that they feel that way whether or not you agree. Children, along with adults, can better accept a different view of a situation once their emotions have been accepted and understood. Hearing the child’s viewpoint can reduce their defensive reaction

3. Be aware of your child’s overall actions and behaviour.

Children often show us they are having a problem through their behaviour rather than words. If your child is acting out and getting into trouble often, it is a clue that something needs to be problem-solved or that they need emotional support to cope and move forward. This is a reason why the language of feelings is so important. It isn’t healthy if your child can’t tell you what is going on. When kids are acting out, there are reasons and many things can be done to help.

4. Encourage creativity.

All children need help to learn about their emotions and relationships. It is our job as adults to teach them these skills. Every child is different so we need to figure out what reaches each child individually. Look to what they truly enjoy to help them express themselves. Play, games, sports, art, writing, dance, horticulture, photography, music, and acting or role playing situations are great ways of helping kids learn to cope with difficult feelings and relationships.

Particulars	Units
Sensitisation programmes organised	30
Blood donation camps	27
Collected units of blood	1319
Units Provided to Thalassemia + General Fee Issues	998
GENERAL PAID ISSUES	121
FFP ISSUES	895



Thalassaemia & Sickle Cell Society

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