

● JANUARY 2019

# Thalassemia & Sickle Cell Society

## *report*

There is life beyond Thalassemia

My name is Rashmi , and I was born with thalassemia, a blood disorder which requires transfusions every other week to keep me healthy and alive. There are a lot of complications associated with thalassemia, especially transfusion-related iron overload which requires a daily drug treatment, and sometimes it can be scary knowing that excess iron will damage my heart and liver if I can't get it out. But thanks to the expert care I receive from experienced and knowledgeable doctors at TSCS

I would never have been able to handle all of the challenges associated with thalassemia had I not had a family that was willing to take me to TSCS and seek the medical care that we receive from expert Doctors to deal with such a demanding disorder .



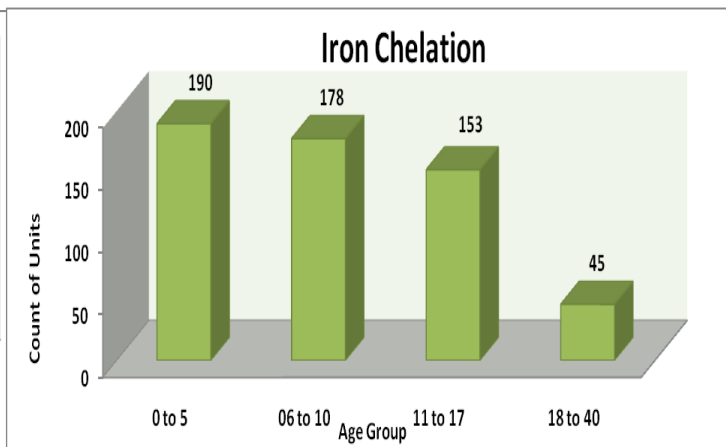
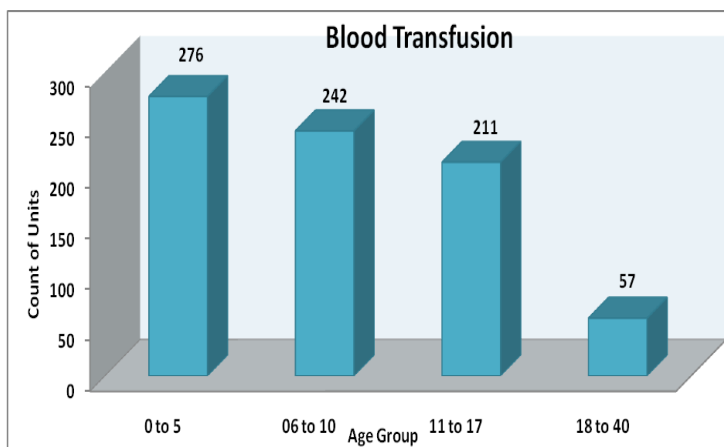
Parents have always been willing to give up a lot of their time to make sure I can stay healthy. I don't remember when I was diagnosed, but they say I was around one year old.

Though I always wanted to excel in all that I do including sport, just that my parents bring their concerns because of my sickness. But I am a good dancer and have participated and won many awards, representing my school in different levels. My parents are the motivating factor behind my ability to stand strong in different circumstances, be it dancing or my studies, my mothers stands with me to give that extra boost to my imagination and competitive spirit.

Thalassemia is daunting, but that is not the end of life, there is life beyond and I would like to say that there is joy and joy in celebrating every moment with friends & family. It is simple to lead a healthy life by taking few precaution blood transfusion and regular medication. A positive thoughts can bring in better results and higher quality of life, do not limit yourself in petty thinking and feeling sad for yourself in any circumstances. I also feel society at large needs to accept and assimilate people like me in the mainstream. We all have to understand that people like me are not sick or feeble or unintelligent just because I am a

Destiny has bigger role to play in my life and I am living very day looking forward and pressing on to my goal. Every day throws a new challenge but I am geared to overcome it with the way I face life with positive attitude.

# Transfusion Details



Total number of patients for the month of January 2019 including all patients group were 786 some patients were given 2 units of blood, the total units provided where 944.

## MONTHLY DONORS FOR JANUARY 2019

1	MURALI K SIRIPURAPU	11	BLEND COLOURS PVT LTD	21	MR SRIKANTH GULLAPALLI
2	SREYAS HOLISTIC REMEDIES PVT LTD	12	S P P POLYPACK PVT LTD	22	SMT BANARSAI BAI
3	DECCAN SWITCH GEARS	13	V BALVEERAAH SONS	23	MR CHANDRAKANT AGARWAL
4	INSTITUTE OF GENETICS	14	SRI KRISHNA JEWELLARY MART	24	MR MUNISH AGARWAL
5	SEA SKY FREIGHT SYSTEMS INDIA PVT LTD	15	KUMAR ENTERPRISES	25	A S IRON & STEEL
6	SAI SARAN ENTERPRISES	16	MR C SHASHIDER REDDY	26	NAV DURGA TEXTILES PVT LTD
7	HARI OM PIPE INDUSTRIES LTD	17	DR C ANUPAMA REDDY	27	AMBIKA IRON & STEEL
8	MUNNA TRUST	18	AIMS ASIA	28	MR ARAVIND KUMAR GUPTA
9	MR CHETAN SHARMA	19	AMIR ALI DHARANI		
10	SHRINATH ROTOPACK PVT LTD	20	GLOBAL STEELS		

## Thalassemia Awareness Program



## Awareness in the mid of the Exhibition– TSCS

A booth at the Industrial exhibition Hyderabad to spread awareness about thalassemia , talking to the multitude of people at the fair about the disorder. Surprised to learn that some of the visitors to the booth had never heard about thalassemia before, and majority of people were completely unaware of the disease. Among these people, there was a wide range of interest.



HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
34	Nil	9	Nil

Particulars	Units
Sensitisation programmes organised	18
Blood donation camps	13
Collected units of blood	1167
Units provided to thalassemia + general free issues	944
<b>General paid issues</b>	177
FFP'S	970



**Thalassemia & Sickle Cell Society**  
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Please visit us at [www.tscsindia.org](http://www.tscsindia.org)