



Thalassemia and Sickle Cell Society

Blame the Consanguinity or Lack of Awareness!?



Here is another story from Nelakodapalli Mandal of Khammam District. A consanguineous couple making their livelihood through farming were blessed with a second girl child, named Srija. The happiness of having a child didn't seem to last no longer than five months, when the child started to show some signs of irritability. The illiterate couple ended up at a local witchcraft / black magic practitioner longing for help, but in vain. Later a doctor at Jabil hospital Khammam performed Complete Blood Picture of the child to find low Haemoglobin of 4 grams and immediately administered blood transfusion and were advised for a revisit after 15 days.

Meanwhile another paediatrician performed all clinical investigations and directed the couple to Thalassemia and Sickle Cell Society, Hyderabad. The couple were counselled about thalassemia and its genetics. They were also made to understand how their elder daughter was normal and only the younger one suffered. However, as the parents were aliens to the city, they took help of a relative who stays in Hyderabad to take care of the Major child Srija's transfusions as her guardian.

Unfortunately, as the child's guardian didn't know the importance of timely blood transfusions and proper maintenance, the child under the age of 13, started to suffer low oxygen saturation with EF of 20%. She needed iron chelation and hospital care was mandatory to save her life. TSCS, acted immediately and did all that needed to

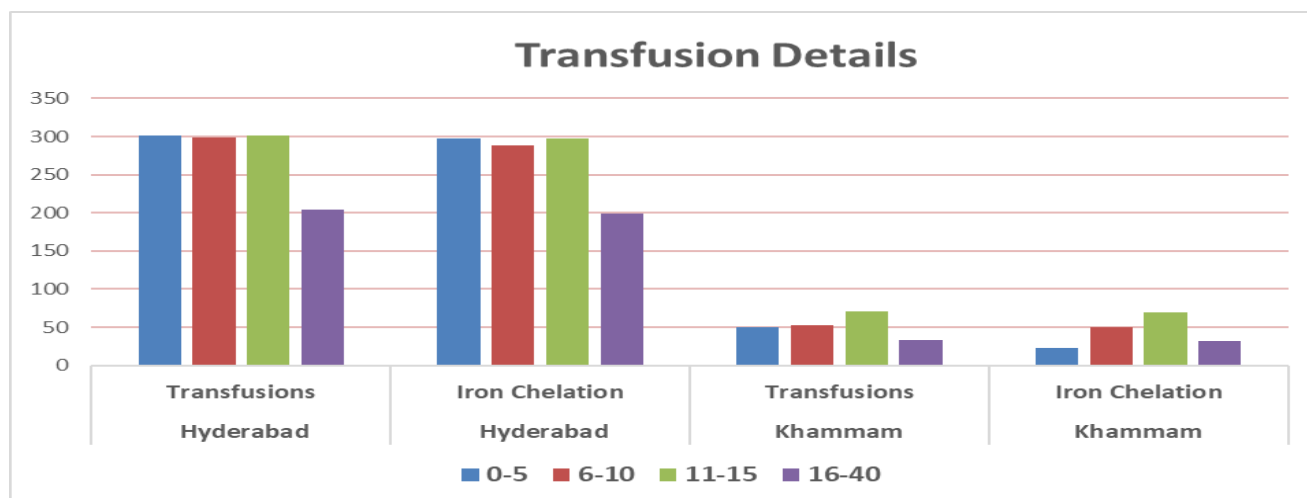


bring back to normalcy. Later the parents were re-counselled about their younger child's health, followed by the care to be taken.

As we discuss, the child is having scheduled transfusions with utmost care and support from TSCS having a balanced life.

Whose at fault !?

Transfusion Details



Total number of Blood Transfusions for the month of **February 2022** including all patients group were **1456** & a total of **1606** units blood provided were provided to patients.

HPLC at Society	CVS referred to CDFD	New registrations	Splenectomy
85	07	18 (12 @ Khammam)	1

Blood Bank Details

S. No.	Particulars	Units
1	Sensitization Programmers Organized	40
2	Total No of Blood Donation Camps	36
3	Opening Stock	125
4	Total Blood Collection	2222
5	Outside Blood Collection (Outside Camps)	1945
6	In-house Blood Collection	277
7	Thalassemic & General Free Issues (Khammam 150 Units)	1649
8	General Paid Issues	61

Donations



Monthly Donors For February 2022

1	Murali K Siripurapu	16	Sri Nava Durga Billets Pvt Ltd
2	Shrinath Rotopack Pvt Ltd	17	Blend Colours Pvt Ltd
3	Manna Trust	18	SPP Poly Pack Pvt Ltd
4	Prasanth	19	Sri Krishna Jewellery Mart
5	Supreme Agencies	20	Global Steels
6	Srikanth Gullapalli	21	Smt Banarsai Bai
7	Prof. V. R. Rao	22	Amir Ali Dharani
8	Deccan Switch Gears	23	Kumar Enterprises
9	Dr. C. Anupama Reddy	24	A S Iron & Steel
10	Ch. Shashidar Reddy	25	Giving Foundation
11	V Balveeraiah & Sons	26	Sun Pharma Laboratories Ltd.
12	Sreyas Holistic Remedies Pvt Ltd	27	Naresh Rathi
13	Hariom Pipe Industries Ltd	28	Mahammad Abdul Siraj
14	Sunkari Shyam Sunder	29	Smt Barasi Bai
15	Aim Asia	30	Kabir Hudda

Blood Donation Camp at Manikonda conducted by Mrs. Rupa on the eve of Chief Minister K Chandrasekhar Rao garu's 65th Birthday on 16th February 2022



How to Be at Peace

By Dr. Sudheer Aluru,
Consulting Scientist, TSCS

We know that you're tired from experiencing office work, traffic jams, overtime, and many other stressors. Life is always tiresome for most people, especially when you've become an adult who starts to pay your bills. And so you won't lose yourself, you need to keep your mind and mood at peace. Luckily there are plenty of ways to do that.

Try journaling and write your feelings and your thoughts down. This exercise gives you time to express your frustrations and achievements while keeping track of your life. Next, play with your pets at home if you have one. They are good company and can add peace and happiness to your life.

And lastly, don't pressure yourself in your relationships and with your work. For our final thoughts, just be gentle with yourself and slow down. Keep yourself from any negative thoughts all the time and indulge in your cravings sometimes, too.



Reach us to extend your Help

All donations to Thalassemia and Sickle Cell Society are exempted under section 80G and 35(1)ii (Research only) act of Income Tax Act 1961



THALASSEMIA AND SICKLE CELL SOCIETY

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