

FEBRUARY 2021

# Thalassemia & Sickle Cell Society

#### " Single Parent— Raising a Child with Thalassemia



#### Sandhya Rani

Sandhya a 4 year old child hails from Shadnagar, but struggle in life began when she was 8 months old. It all began with frequent fever and vomiting every week. When she was taken to the Doctor a thorough investigation was done and that revealed the truth that Sandhya has thalassemia.

Sandhya is born to her father's second marriage as his previous wife died in an accident This second marriage to her mother seems to come with a huge cost. Father is not ready to accept the fact that Thalassemia comes because both parents are Thalassemia carrier. He is not ready to accept the fact and is blaming his wife for this situation. There is always tiffs and discord in the family and ends up in arguments over Sandhya's health. Mother brings Sandhya to TSCS every month. There is a lot of improvement on the health condition.

Aaroghyashree is a big help in as she gets expensive medicine at free of cost. Other wise it would have been very difficult to purchase expensive medicine.

Mother is concerned of her daughter and do not have any definite answer how the future would look like as they have so much to go through in the present itself.

Often parents end up quarrelling over Sandhya's Medical situation. It is natural for children to be unhappy this unhappiness can be translate into low self-esteem, behavioural problems, and a sense of loss. It is highly stressful and emotional experience for everyone involved, Children often feel that their whole world has turned upside down.

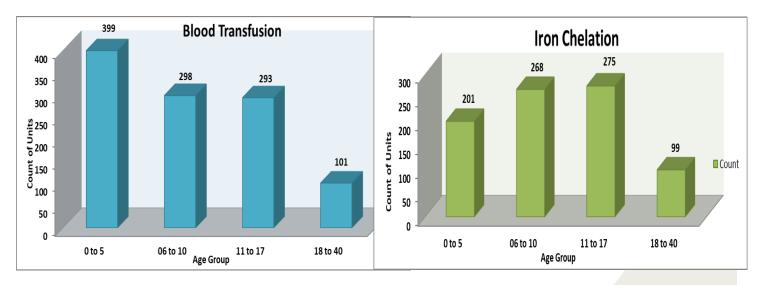
Both Sandhya and her Mother come to the transfusion center every 30 day and both mother and daughter has a very affectionate chemistry and special bond of love. Both find it very comfortable to be in TSCS and they have experienced the change in the health condition due to proper care and medication.

But one thing Mother is definite she will stand with her daughter all through her life.





### **Transfusion Details**



Total number of patients for the month of **February 2021** including all patients group were 1091 some patients were given 2 units of blood, the total units provided where **1428**.

HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
60	4	8	1

MON	THLY DONORS FOR FEBRUARY 2021		
1	Murali K Siripurapu	14	Blend Colours Pvt Ltd
2	Shrinath Rotopack Pvt Ltd	15	SPP Poly Pack Pvt Ltd
3	Manna Trust	16	Sri Krishna Jewellery Mart
4	Prasan	17	Global Steels
5	Supreme Agencies	18	Smt Banarsai Bai
6	Srikanth Gullapalli	19	Amir Ali Dharani
7	Prof. V. R. Rao	20	Chandrakant Agarwal
8	Deccan Switch Gears	21	Rajinikanth Agarwal
9	Dr. C. Anupama Reddy	22	A S Iron & Steel
10	Ch. Shashidar Reddy	23	Aim Asia
11	V Balveeraiah & Sons	24	N Usha Rohini
12	Sreyas Holistic Remedies Pvt Ltd	25	Novartis Health Care Pvt Ltd.
13	Hariom Pipe Industries Ltd		

## COVID-19 PARENTING Keeping Children Safe Online

Children and teens are now spending a lot more time online. Being connected helps them reduce the impact of COVID-19 and encourages them to continue with their lives...but it also presents risks and dangers.

#### **Online Risks.**

Adults targeting children for sexual purposes on social media, gaming, and messaging platforms.

 $\odot$ 

Harmful content – violence, misogyny, xenophobia, inciting suicide and selfharm, misinformation, etc. Teens sharing personal information and sexual photos or videos of themselves. Cyberbullying from peers and strangers.

#### Tech fixes to protect your children online.

Set up parental controls.

Turn on <u>SafeSearch</u> on your browser.

Set up strict privacy settings on online apps and games.

Cover webcams when not in use.

6

### Create healthy and safe online babits

Involve your <u>child</u> or <u>teen</u> in creating family tech agreements about healthy device use.

6

5

Create device-free spaces and times in your house (eating, playing, schoolwork, and sleeping).

Help your child learn how to keep personal information private, especially from strangers – some people are not who they say they are!

 Remind your children that what goes online stays online (messages, photos, and videos).

#### Spend time with your child or teen online.

Explore websites, social media, games, and apps together.

 Talk to your teen on how to report inappropriate content (see below).

6

Common Sense Media has great advice for apps, games and entertainment for different ages.

#### Keep your child safe with open communication.

Tell your children that if they experience something online that makes them feel upset, uncomfortable, or scared, they can talk to you and you will not get mad or punish them.

Be alert to signs of distress. Notice if your child is being withdrawn, upset, secretive, or obsessed with online activities.

 $\odot$ 

Create trusting relationships and open communication through positive support and encouragement.

Note that every child is unique and may use different ways to communicate. Take time to adjust your message for your child's needs. For example, children with learning disabilities, may require information in simple format.

TSCS	
STRIVE FOR PREJENTION	
0 0 1	

Thalassemia & Sickle Cell Society Door No. 8-13-95/1/C, Opp Lane to National Police Academy, Raghavendra Colony, Shivarampally, Rajendra Nagar, Rangareddy Dist – 500052, Telangana Ph. 040-29885658 / 29880731 / 29885458 E-mail: tscs@tscsindia.org / tscsap@gmail.com

Please visit us at www.tscsindia.org

1 al ticulars	Units
SENSITISATION PROGRAMMES ORGANISED	
BLOOD DONATION CAMPS	
OPENING STOCK	737
COLLECTED UNITS OF BLOOD	1148
CLOSING STOCK	342
UNITS PROVIDED TO THALASSEMIA + GENERAL FREE ISSUES	1469
GENERAL PAID ISSUES	62