

● AUGUST 2020

# Thalassemia & Sickle Cell Society

Let your action make a difference

## report

“She is like a Princess



**Hanifa**

After 36 Years of married life and after 3 grownup kids of marriageable age, Ashfak Hussain and his wife Khurshid Begum decided to adopt a girl child, by then their elder son Dawood was 29, another son Ekbal Hussain 26 an Eng. Graduate in Electronics, and the third son Dr. Mussarat Hussain 27, MBBS-MD.

They all had a desire to adopt a child from a poor family and bring her up to give a better life. Keeping this thought in mind their son Ekbal went searching for a girl child in various orphanages.

They adopted a just born girl child and named her Hanifa.

Hanifa got a family when she was just few

days old. In very few days she could grace a place in every person's heart. But during her 15th month she fell sick and diagnosed with thalassemia. The world fell apart knowing about the disease a lifelong condition. They felt as if their joy is stolen away and to see her in such a situation was tormenting the new parent and the brothers.

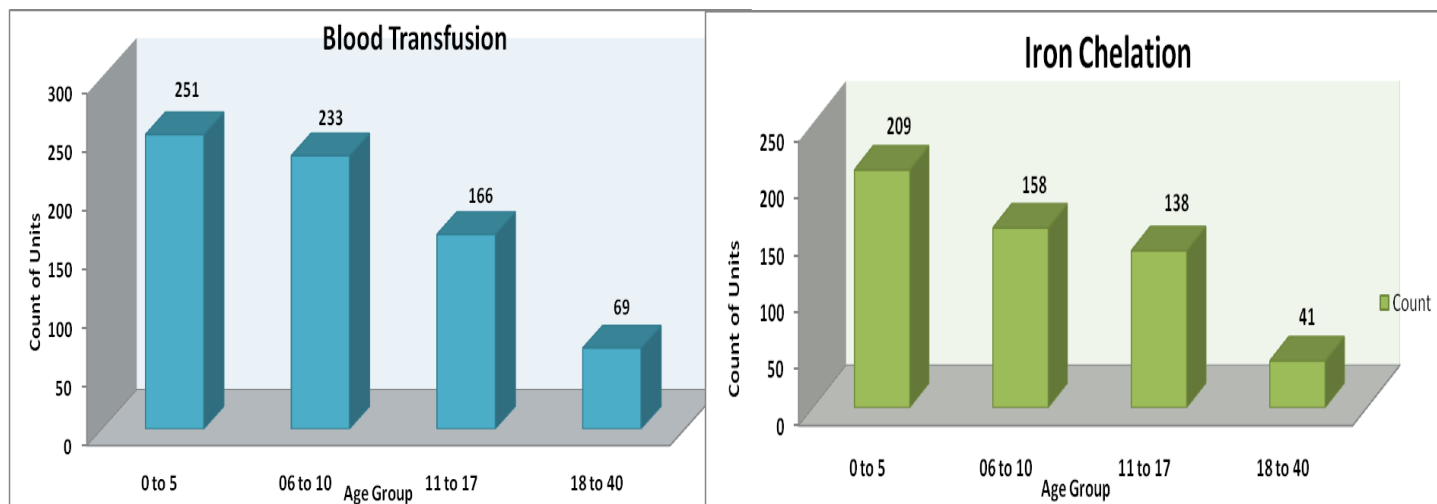
After few transfusions in Rainbow Hospital Hanifa was referred to TSCS. When Hanifa started coming to TSCS her situation improved it was more affordable, the staff were more supportive and helpful. There were many such kids like Hanifa getting regular transfusion and living a normal life, it gave an assurance, a comfort to the parents that Hanifa can also live her life to the fullest.

Hanifa has completed 11 years in October, she is studying in an English medium school, she is very active, intelligent smart in speech and action.. She is very precious to all the family members and the staff at TSCS for many reason. There are many dreams the new parents and her brothers have for Hanifa. She is like a princess at home.

Her mother says “She is a special child not because of her Thalassemia problem but because she makes the whole house a lively place. Her presence, her laughter, her talks makes the heart fill with joy..”



# Transfusion Details



Total number of patients for the month of **AUGUST 2020** including all patients group were **719** some patients were given 2 units of blood, the total units provided where **886**.

HPLC at Society Couples/siblings	CVS referred to CDFD	New registrations	Splenectomy
22	1	9	NIL

## MONTHLY DONORS FOR AUGUST 2020

1	MURALI K SIRIPURAPU	11	SRI KRISHNA JEWELLERY MART
2	MUNNA TRUST	12	PRASANTHA
3	SRIKANTH GULLAPALLI	13	SPP POLY PACK PVT LTD
4	SUPREEM AGENCIES	14	GLOBAL STEELS
5	PROF.V.R.RAO	15	SMT BANARSAI BAI
6	DECCAN SWICH GARES	16	AMIR ALI DHARANI
7	MR.C.SHASHIDAR REDDY	17	CHANDRAKANT AGARWAL
8	DR.C.ANUPAMA REDDY	18	RAJINIKANTH AGARWAL
9	HARIOM PIPE INDUSTRIES LTD	19	A S IRON & STEEL
10	SPP POLY PACK PVT LTD	20	AIMS ASIA

## #HealthyAtHome—Physical Activity

The COVID-19 pandemic means that many of us are staying at home and sitting down more than we usually do. It's hard for a lot of us to do the sort of exercise we normally do. It's even harder for people who don't usually do a lot of physical exercise.

But at a time like this, it's very important for people of all ages and abilities to be as active as possible. Remember - Just taking a short break from sitting, by doing 3-4 minutes of light intensity physical movement, such as walking or stretching, will help ease your muscles and improve blood circulation and muscle activity.

Regular physical activity benefits both the body and mind. It can reduce high blood pressure, help manage weight and reduce the risk of heart disease, stroke, type 2 diabetes, and that can increase susceptibility to COVID-19.

It is also good for our mental health - reducing the risk of depression, cognitive decline and delay the onset of dementia - and improve overall feelings.



Particulars	Units
SENSITISATION PROGRAMMES ORGANISED	18
BLOOD DONATION CAMPS	12
COLLECTED UNITS OF BLOOD	1066
CLOSING STOCK	231
UNITS PROVIDED TO THALASSEMIA + GENERAL FREE ISSUES	886
GENERAL PAID ISSUES	70
FFP ISSUES	1428



### Thalassaemia & Sickle Cell Society

Door No. 8-13-95/1/C,

Opp Lane to National Police Academy,

Raghavendra Colony, Shivarampally,

Rajendra Nagar, Rangareddy Dist – 500052,

Telangana

Ph. 040-29885658 / 29880731 / 29885458

E-mail: [tscs@tscsindia.org](mailto:tscs@tscsindia.org) / [tscsap@gmail.com](mailto:tscsap@gmail.com)

Please visit us at [www.tscsindia.org](http://www.tscsindia.org)